



Una visión personal de los desafíos en la Hipertensión Arterial Pulmonar

DRA PILAR ESCRIBANO SUBIAS



European
Reference
Network
for rare or low prevalence
complex diseases

Network
Respiratory Diseases
(ERN-LUNG)



ciberCV
Centro de Investigación Biomédica en Red
Enfermedades Cardiovasculares

Hospital Universitario
12 de Octubre
SaludMadrid


Comunidad de Madrid

CONFLICTO DE INTERESES

Relevant financial relationships with a commercial interest:

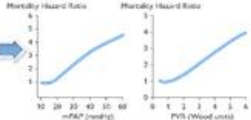
- Gossamer: board or advisory committee
- Bayer/Merck: board or advisory committee, speaker
- AOP Orphan Pharmaceuticals: board and speaker
- Ferrer: speaker, board or advisory committee
- Janssen: board or advisory committee, speaker, research support


PULMONARY HYPERTENSION

Prevalence
 1% Global population

Pulmonary congestion in post-capillary PH






Pulmonary vascular disease / obstruction in pre-capillary PH










Right heart failure

CLINICAL CLASSIFICATION

Pulmonary arterial hypertension (PAH)	PH associated with left heart disease	PH associated with lung disease	PH associated with pulmonary artery obstructions	PH with unclear and/or multifactorial mechanisms
				
<ul style="list-style-type: none"> Idiopathic/heritable Associated conditions 	<ul style="list-style-type: none"> lpcPH CpcPH 	<ul style="list-style-type: none"> Non-severe PH Severe PH 	<ul style="list-style-type: none"> CTEPH Other pulmonary obstructions 	<ul style="list-style-type: none"> Haematological disorders Systemic disorders

PREVALENCE

Rare 	Very common 	Common 	Rare 	Rare 
---	--	---	---	---

THERAPEUTIC STRATEGIES

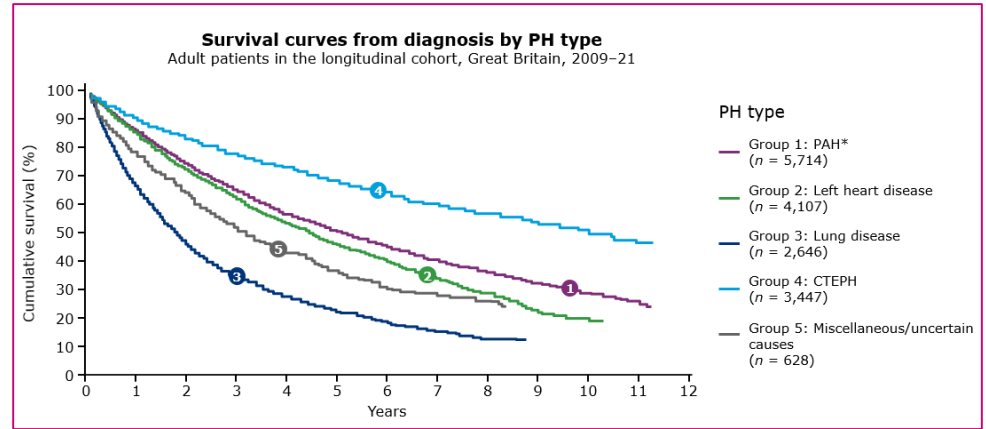
<p>Medical therapy</p> <ul style="list-style-type: none"> PAH drugs CCB in responders <p>Lung transplantation</p>	<p>lpcPH:</p> <ul style="list-style-type: none"> Treatment of LHD¹ <p>CpcPH:</p> <ul style="list-style-type: none"> Treatment of LHD¹ Potentially: PAH drugs (trials) 	<p>PH-lung disease:</p> <ul style="list-style-type: none"> Optimized care of underlying lung disease <p>Severe PH:</p> <ul style="list-style-type: none"> Potentially: PAH drugs (trials) 	<p>Surgical therapy:</p> <ul style="list-style-type: none"> PEA <p>Interventional:</p> <ul style="list-style-type: none"> BPA <p>Medical therapy:</p> <ul style="list-style-type: none"> PH drugs 	<p>Optimized treatment of underlying disease</p> <ul style="list-style-type: none"> Potentially: PAH drugs (trials)
---	--	---	---	---

Epidemiologia PAH :

- ✓ Incidencia 3-6 casos millón /año en el adulto
- ✓ Prevalencia : 48–55 casos/millón en el adulto

Epidemiologia HPTBEC

- ✓ Incidencia 2-6 casos millón /año en el adulto
- ✓ Prevalencia: 26–38 casos/millón en el adulto



2022 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension⁷

(European Heart Journal; 2022 – doi: 10.1093/eurheartj/ehac237 and European Respiratory Journal; 2022 – doi: 10.1183/13993003.00879-2022)

Comorbilidades en la HAP

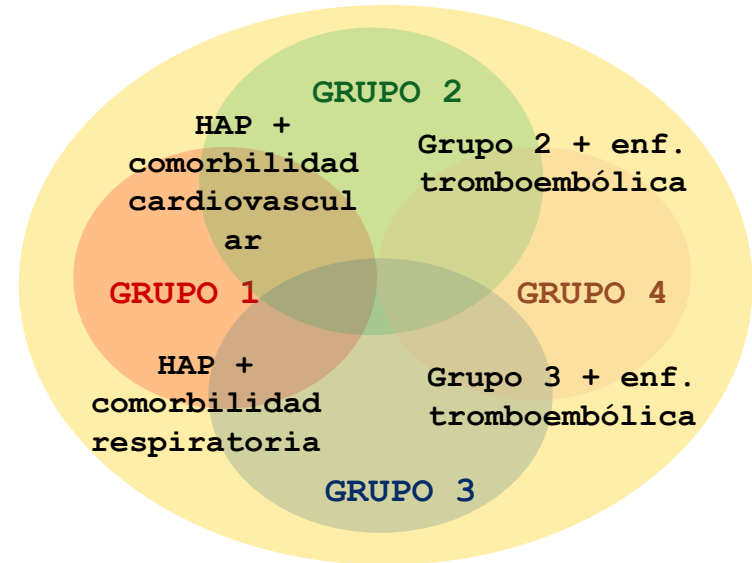
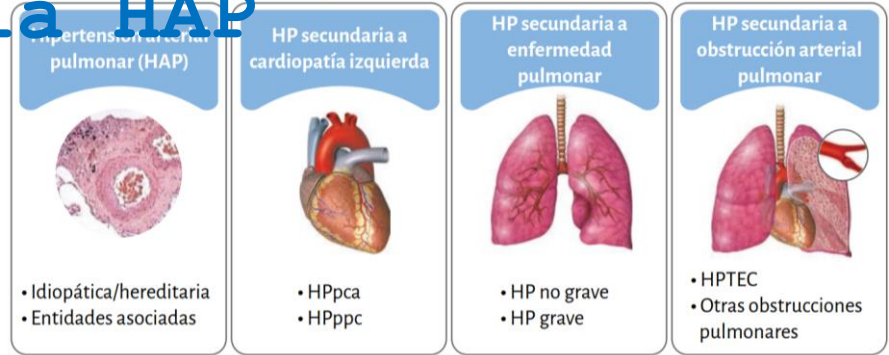
Comorbilidad: coexistencia en un mismo individuo de dos o más enfermedades



Un problema de COMPLEJIDAD y CLASIFICACIÓN

~~cada vez más frecuente~~

CLASIFICACIÓN CLÍNICA

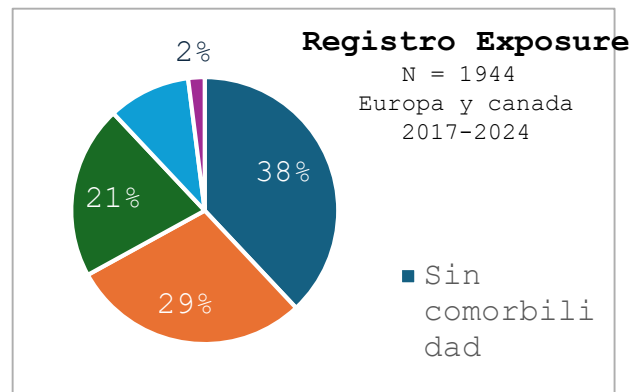
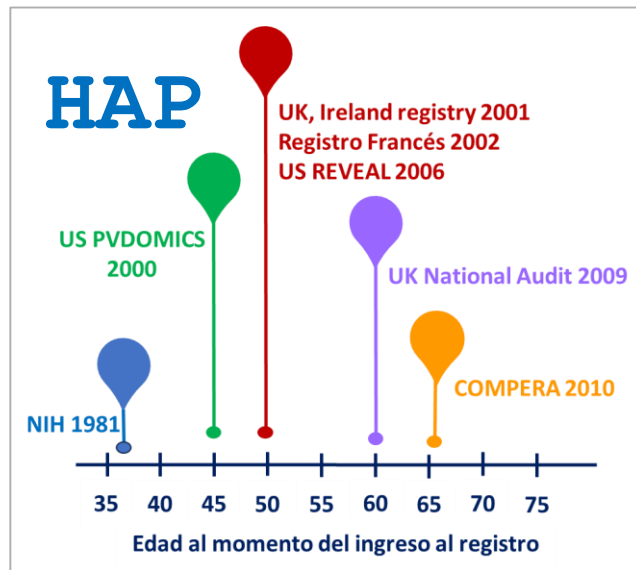


Comorbilidades en la HAP

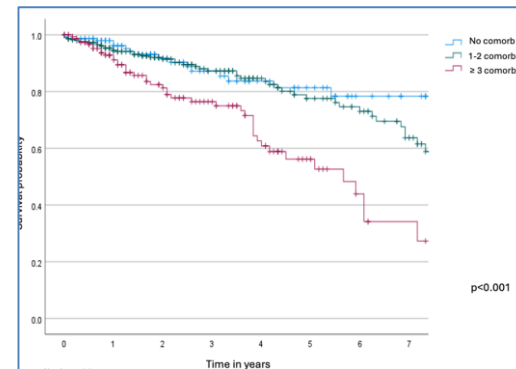
La epidemiología de la HAP ha cambiado a lo largo del tiempo.

Cada vez vemos pacientes mayores y con más carga de comorbilidad

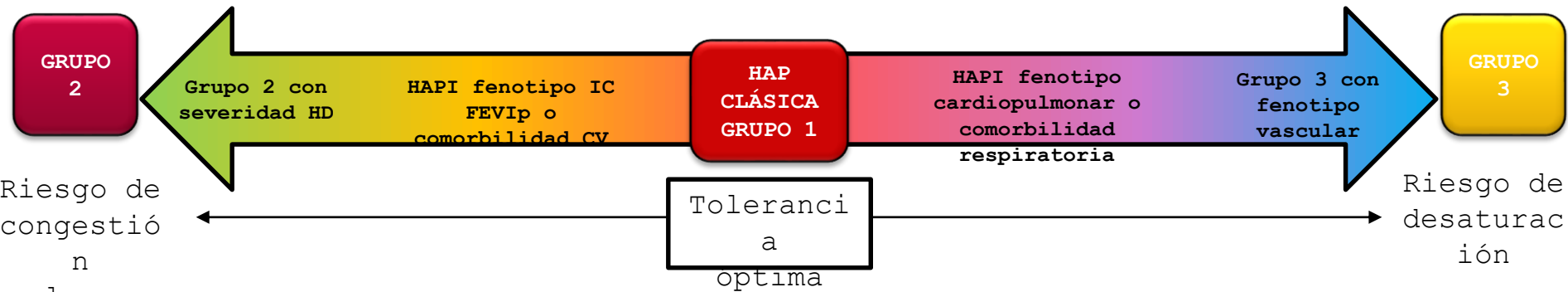
La evidencia del tratamiento en estos pacientes es menor.



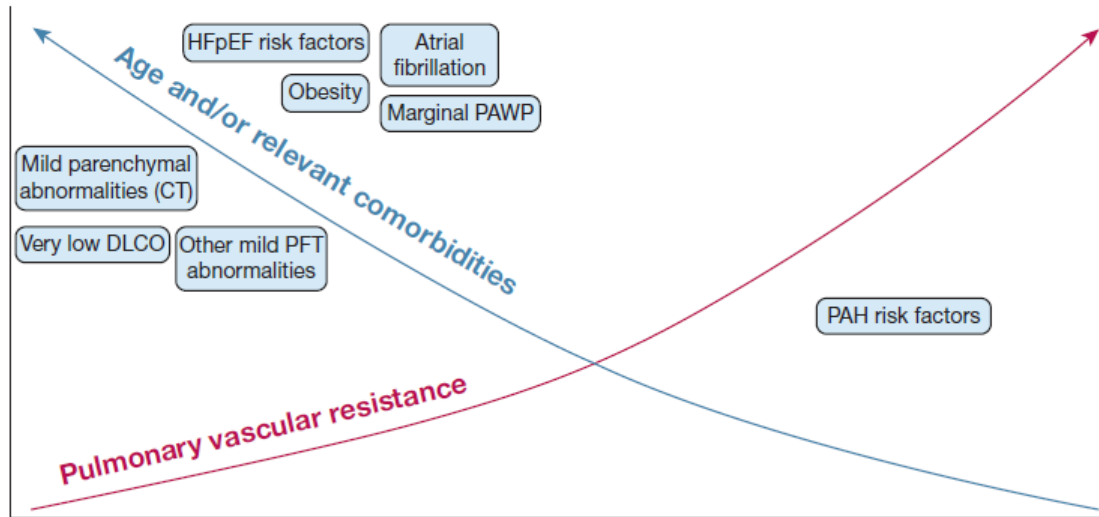
Comorbidities	All n = 757	No comorb n = 186 (24.6%) 49 ± 17	1-2 comorb n = 373 (49.3%) 59 ± 15	≥ 3 comorb n = 198 (26.2%) 67 ± 10	p - value
Smoking history	351 (46.4%)	0 (0%)	211 (56.6%)	140 (70.7%)	<0.001
Hypertension	314 (41.5%)	0 (0%)	141 (37.8%)	173 (87.4%)	<0.001
BMI ≥ 30 Kg/m²	186 (24.6%)	0 (0%)	80 (21.4%)	106 (53.5%)	<0.001
CKD (GFR CKD-EPI equation < 60 ml/min/1.73 m²)	145 (19.2%)	0 (0%)	51 (13.7%)	94 (47.5%)	<0.001
Diabetes mellitus	124 (16.4%)	0 (0%)	14 (3.8%)	110 (55.6%)	<0.001
Atrial fibrillation	64 (8.5%)	0 (0%)	21 (5.6%)	43 (21.7%)	<0.001
Coronary heart disease	62 (8.2%)	0 (0%)	10 (2.7%)	52 (26.3%)	<0.001



Discriminar fenotipos



Relationship between relevant cardiorespiratory comorbidities and disease p^r



Increasing likelihood of significant pulmonary vasculopathy

Increasing likelihood of « response » to aggressive vasoactive therapy

➤ **Proyectos – FIS de GENÉTICA:**

BASES GENÉTICO MOLECULARES DE LA HIPERTENSIÓN ARTERIAL PULMONAR Y SU EXPRESIÓN FENOTÍPICA EN LA POBLACIÓN ESPAÑOLA.

FIS : 15/02012



BASES GENÉTICO MOLECULARES DE LA MEDICINA DE PRECISIÓN EN LA HIPERTENSIÓN ARTERIAL PULMONAR.

FIS : 18/01233

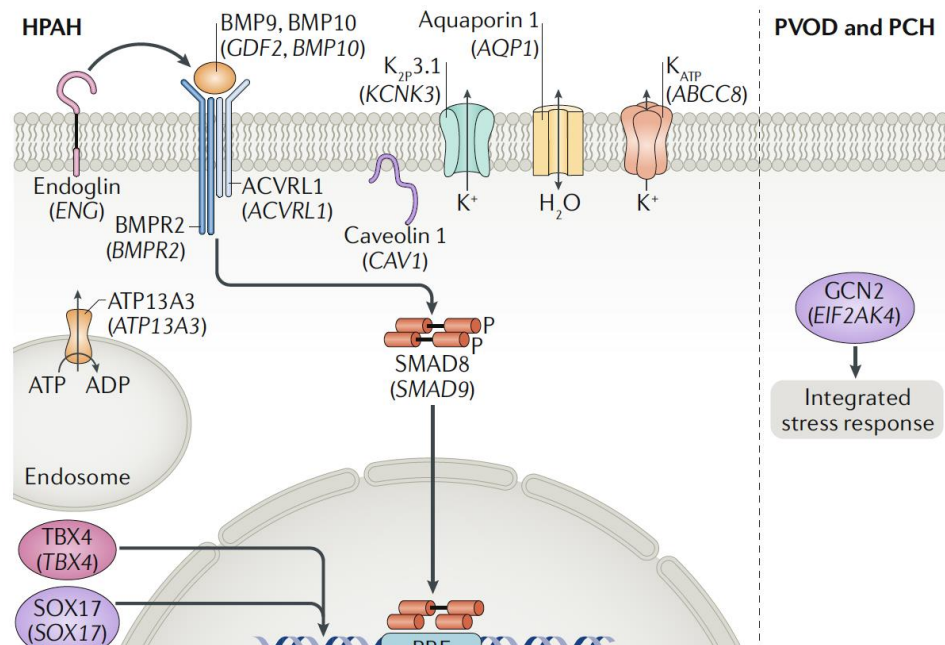


➤ **BIOBANCO ESPAÑOL DE HIPERTENSIÓN PULMONAR**



Genética actual en la HAP

Gene	Number of reported mutation-positive cases by PAH category ^a					Female (%)	Mean age of onset and range (years)	Associate clinical features	
	HPAH	IPAH	APAH	PCH/PVOD	Unknown				Total
BMPR2	284	415	22	3	82	806	67.9	33 (1-72)	CHD, IPF, PVOD
EIF2AK4	8	6	0	38	14	66	48.1	32 (11-72)	PCH, PVO
ACVRL1	8	21	42	0	5	76	78.9	27 (1-63)	HHT
TBX4	4	30	14	0	0	48	58.5	25 (<1 to 72)	SPS
GDF2	1	32	0	0	0	33	71	33 (3-54)	-
SOX17	0	13	13	0	0	26	55.2	19 (<1 to 51)	CHD
ENG	0	8	9	0	0	17	62.5	30 (<1 to 59)	HHT, CHD
KCNK3	5	11	0	0	0	16	58.8	23 (<1 to 44)	-
ABCC8	2	8	2	0	0	12	58.3	29 (<1 to 79)	CHD
ATP13A3	0	11	0	0	0	11	90.9	48 (42-58)	-
SMAD9	1	8	2	0	0	11	80	25 (<1 to 58)	CHD
AQP1	3	6	0	0	0	9	44.4	32 (25-46)	-
CAV1	2	1	1	0	0	4	75	28 (1-67)	CHD
BMP10	0	1	1	0	0	2	100	20 (11-28)	CHD
SMAD4	0	2	0	0	0	2	50	35	-
SMAD1	0	1	0	0	0	1	100	47	-

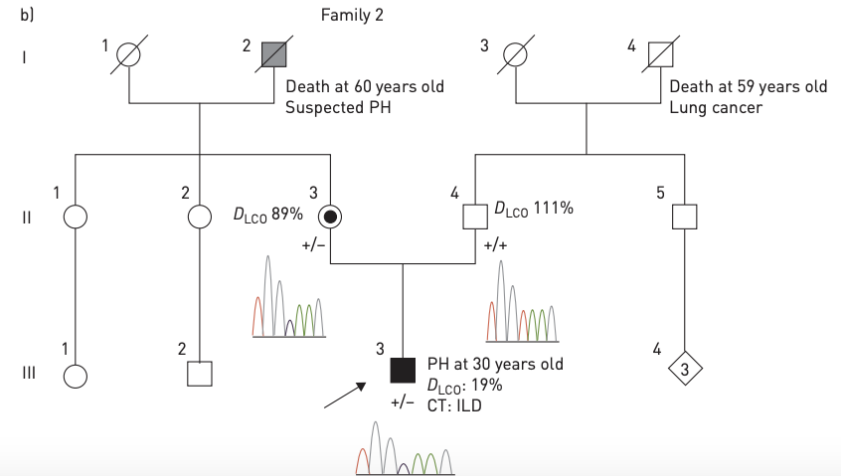
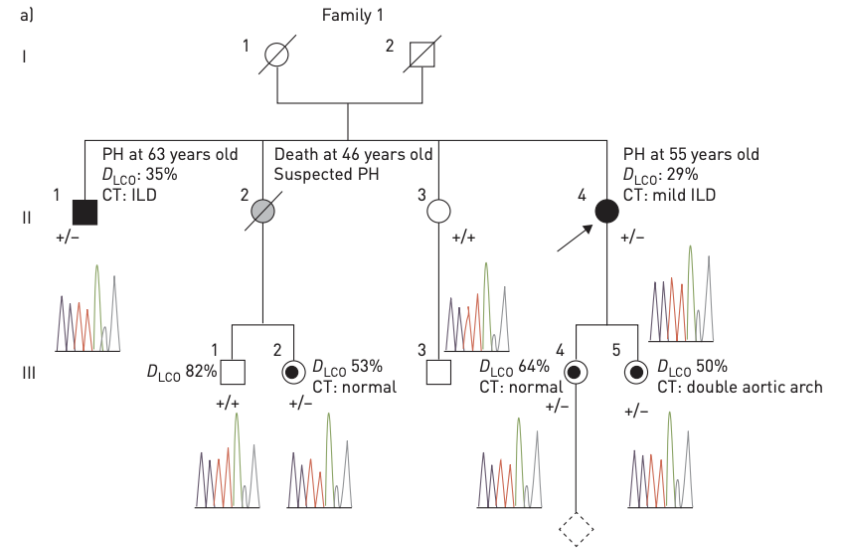


Familial pulmonary arterial hypertension by *KDR* heterozygous loss of function

Mélanie Eyries^{1,2,13}, David Montani^{3,4,5,13}, Barbara Girerd^{3,4}, Nicolas Favrolt⁶, Marianne Riou⁷, Laurence Faivre⁸, Grégoire Manaud⁵, Frédéric Perros⁵, Stefan Gräf^{9,10,11}, Nicholas W. Morrell^{9,12}, Marc Humbert^{3,4,5} and Florent Soubrier^{1,2}



Eyries M, Montani D, Girerd B, et al. Familial pulmonary arterial hypertension by *KDR* heterozygous loss of function. *Eur Respir J.* 2020;55(4).



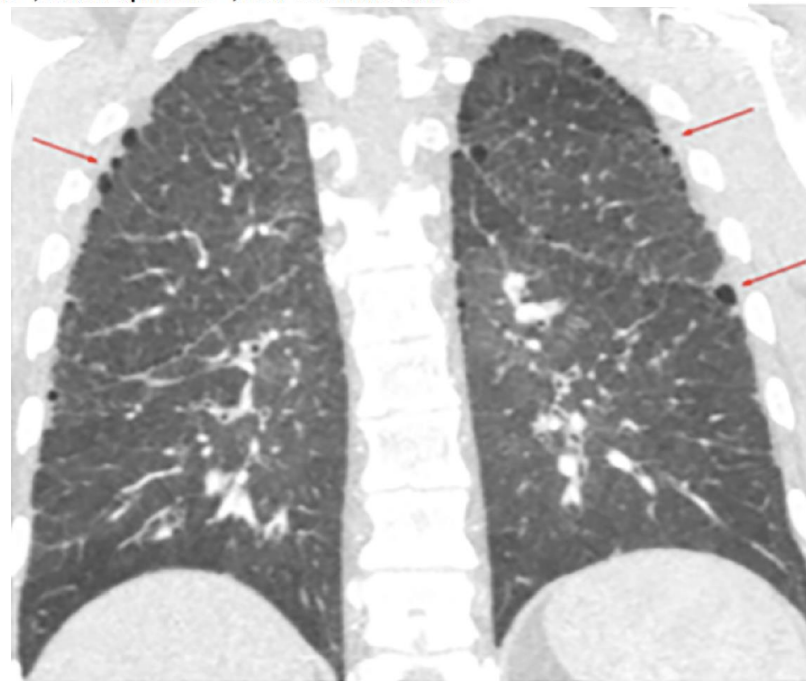
TBX4 mutations (small patella syndrome) are associated with childhood-onset pulmonary arterial hypertension

Wilhelmina S Kerstjens-Frederikse,¹ Ernie M H F Bongers,² Marcus T R Roofthoof,³ Edward M Leter,⁴ J Menno Douwes,³ Arie Van Dijk,⁵ Anton Vonk-Noordegraaf,⁶ Krista K Dijk-Bos,¹ Lies H Hoefsloot,² Elke S Hoendermis,⁷ Johan J P Gille,⁴ Birgit Sikkema-Raddatz,¹ Robert M W Hofstra,¹ Rolf M F Berger³



Clinical heterogeneity of Pulmonary Arterial Hypertension associated with variants in *TBX4*

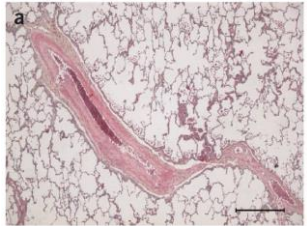
Ignacio Hernandez-Gonzalez^{1*}, Jair Tenorio^{2,3}, Julian Palomino-Doza^{4,5,6}, Amaya Martinez Meñaca⁷, Rafael Morales Ruiz⁸, Mauro Lago-Docampo⁹, María Valverde Gomez⁴, Javier Gomez Roman¹⁰, Ana Belén Enguita Valls¹¹, Carmen Perez-Olivares⁵, Diana Valverde⁹, Joan Gil Carbonell¹², Elvira Garrido-Lestache Rodriguez-Monte¹³, María Jesus del Cerro¹³, Pablo Lapunzina^{2,3}, Pilar Escribano-Subias^{5,6*}



Enfermedad venooclusiva pulmonar (EVOP)

EIF2AK4 mutations cause pulmonary veno-occlusive disease, a recessive form of pulmonary hypertension

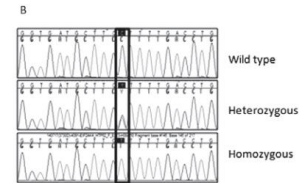
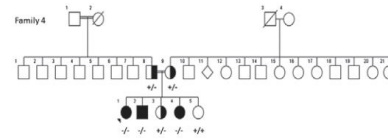
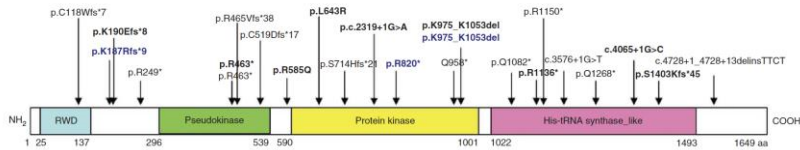
Mélanie Eyries¹⁻³, David Montani⁴⁻⁶, Barbara Girerd⁴⁻⁶, Claire Perret^{3,7}, Anne Leroy², Christine Lonjou⁸, Nadjim Chelghoum⁸, Florence Coulet^{2,3}, Damien Bonnet^{9,10}, Peter Dorfmueller^{6,11}, Elie Fadel^{6,12}, Olivier Sitbon⁴⁻⁶, Gérald Simonneau⁴⁻⁶, David-Alexandre Tregouët^{3,7}, Marc Humbert⁴⁻⁶ & Florent Soubrier¹⁻³



A founder *EIF2AK4* mutation causes an aggressive form of pulmonary arterial hypertension in Iberian Gypsies

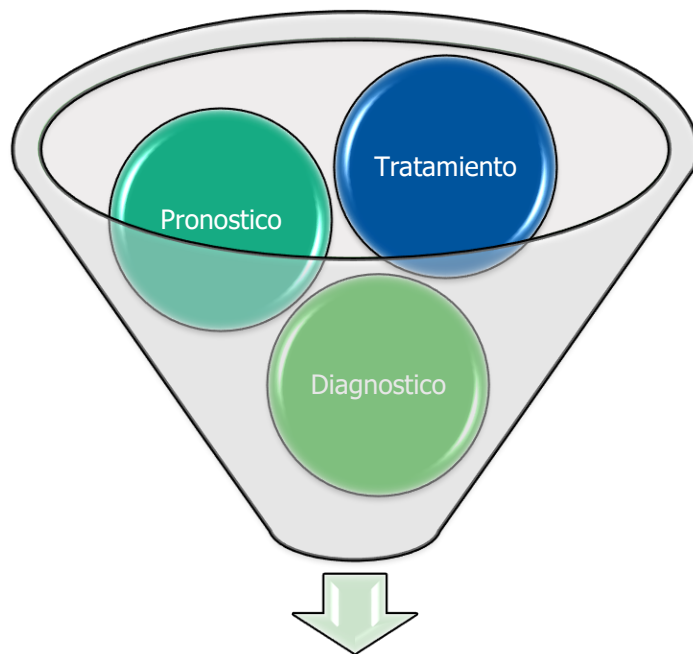
Tenorio J., Navas P., Barrios E., Fernández L., Nevado J., Quezada C.A., López-Meseguer M., Arias P., Mena R., Lobo J.L., Alvarez C., Heath K., Escribano-Subías P., Lapunzina P. A founder *EIF2AK4* mutation causes an

J. Tenorio^{a,b,1}, P. Navas^{a,d,1}, E. Barrios^a, L. Fernández^{a,b}, J. Nevado^{a,b}, C.A. Quezada^a,



Nat Genet. 2014 Jan;46(1):65-9.

Clin Genet. 2015 Dec;88(6):579-83.



Cada minuto cuenta

ECS/ERS 3 risk-strata

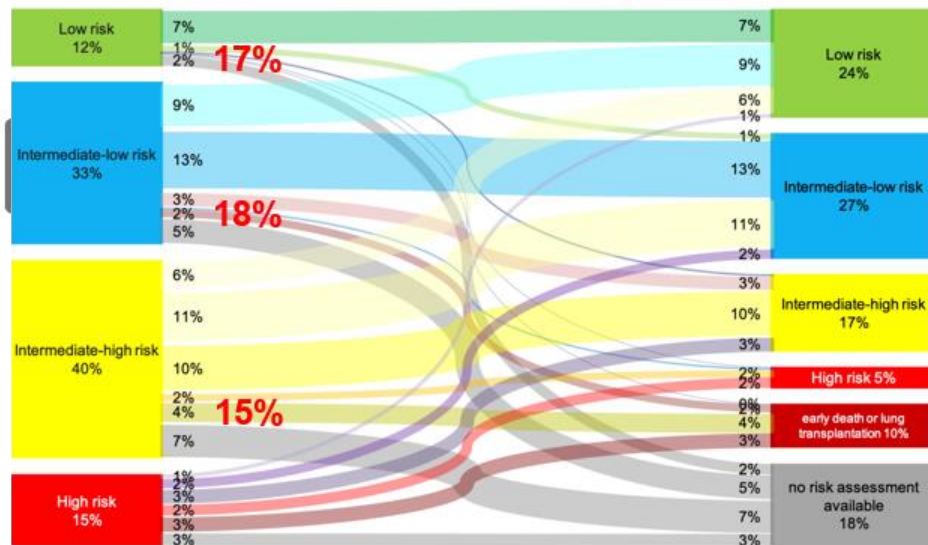
Determinants of prognosis (according to 1-year estimated mortality)		Low risk (<5%)	Intermediate risk (5-20%)	High risk (>20%)	
Clinical parameters	Signs of right HF	Absent	Absent	Present	
	Symptom progression	No	Slow	Rapid	
	Syncope	No	Occasional	Repeated	
	WHO-FC	I, II	III	IV	
Exercise tests	6MWD	>440 m	165-440 m	<165 m	
	CPET	Peak \dot{V}_{O_2} \dot{V}_E/\dot{V}_{CO_2}	>15 mL·kg ⁻¹ ·min ⁻¹ <36	11-15 mL·kg ⁻¹ ·min ⁻¹ 36-44	<11 mL·kg ⁻¹ ·min ⁻¹ >44
Biomarkers	BNP	<50 ng·L ⁻¹	50-800 ng·L ⁻¹	>800 ng·L ⁻¹	
	NT-proBNP	<300 ng·L ⁻¹	300-1100 ng·L ⁻¹	>1100 ng·L ⁻¹	
Imaging	Echocardiography	RA area	<18 cm ²	18-26 cm ²	>26 cm ²
		TAPSE/sPAP	>0.32 mm·mmHg ⁻¹	0.19-0.32 mm·mmHg ⁻¹	<0.19 mm·mmHg ⁻¹
		PE	No	Minimal	Moderate or large
	cMRI	RVEF	>54%	37-54%	<37%
		SVI	>40 mL·m ⁻²	26-40 mL·m ⁻²	<26 mL·m ⁻²
RVESVI	<42 mL·m ⁻²	42-54 mL·m ⁻²	>54 mL·m ⁻²		
RHC	Haemodynamics	RAP	<8 mmHg	8-14 mmHg	>14 mmHg
		CI	≥2.5 L·min ⁻¹ ·m ⁻²	2.0-2.4 L·min ⁻¹ ·m ⁻²	<2.0 L·min ⁻¹ ·m ⁻²
	SVI	>38 mL·m ⁻²	31-38 mL·m ⁻²	<31 mL·m ⁻²	
	S _{vO₂}	>65%	60-65%	<60%	

ECS/ERS 4 risk-strata

Determinants of prognosis	Low	Intermediate-low	Intermediate-high	High
WHO-FC	I, II		III	IV
6MWD	>440 m	320-440 m	165-319 m	<165 m
BNP	<50 ng·L ⁻¹	50-199 ng·L ⁻¹	200-800 ng·L ⁻¹	>800 ng·L ⁻¹
NT-proBNP	<300 ng·L ⁻¹	300-649 ng·L ⁻¹	650-1100 ng·L ⁻¹	>1100 ng·L ⁻¹

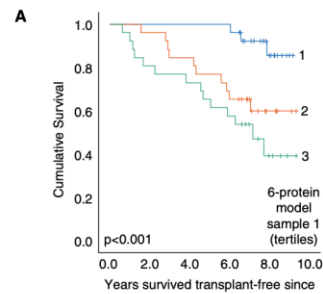
Deteriorated

5.1 months (IQR 3.9-9.7)

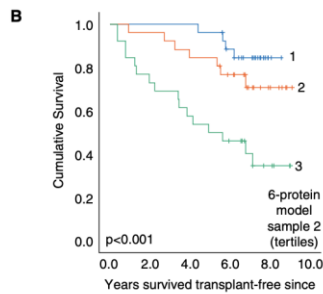


Using the Plasma Proteome for Risk Stratifying Patients with Pulmonary Arterial Hypertension

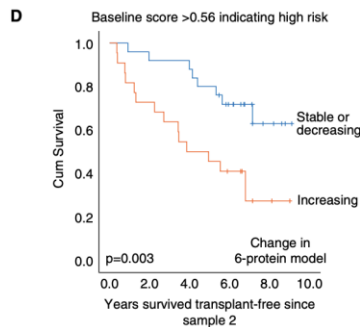
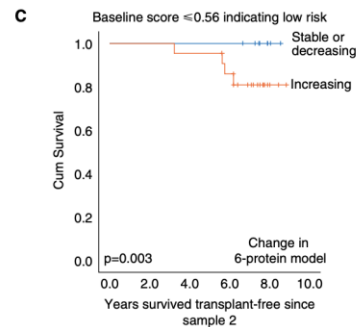
Christopher J. Rhodes¹, John Wharton¹, Emilia M. Swietlik², Lars Harbaum¹, Barbara Girerd³, J. Gerry Coghlan⁴, James Lordan⁵, Colin Church⁶, Joanna Pepke-Zaba⁷, Mark Toshner², Stephen J. Wort¹, David G. Kiely^{8,9}, Robin Condliffe^{8,9}, Allan Lawrie⁸, Stefan Gräf^{2,10}, David Montan³, Athénaïs Boucly³, Olivier Sitbon³, Marc Humbert³, Luke S. Howard¹, Nicholas W. Morrell², and Martin R. Wilkins¹; on behalf of the UK National PAH Cohort Study Consortium



6-protein model sample 1 (tertiles)	Total N (events)	N of Remaining Cases				
		2	4	6	8	10
1	27 (3)	27	27	27	13	0
2	26 (10)	25	22	18	5	0
3	26 (14)	21	19	15	4	0



6-protein model sample 2 (tertiles)	Total N (events)	N of Remaining Cases				
		2	4	6	8	10
1	27 (4)	27	27	22	2	0
2	26 (7)	25	22	18	6	0
3	26 (16)	19	15	11	4	0

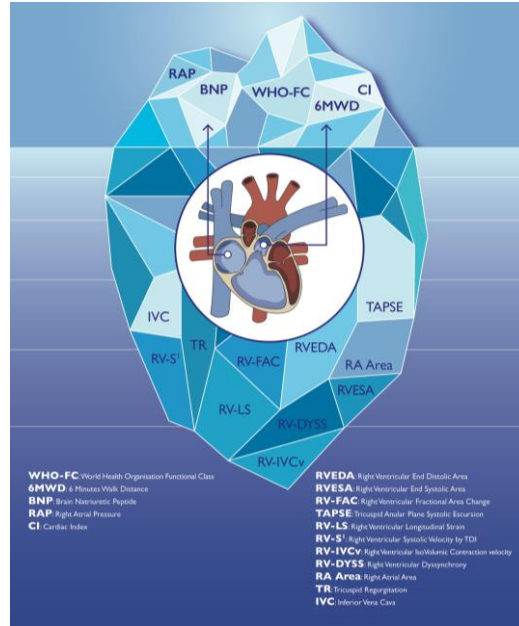


The plasma proteome informs prognosis beyond established factors in PAH and may provide a more sensitive measure of therapeutic response.

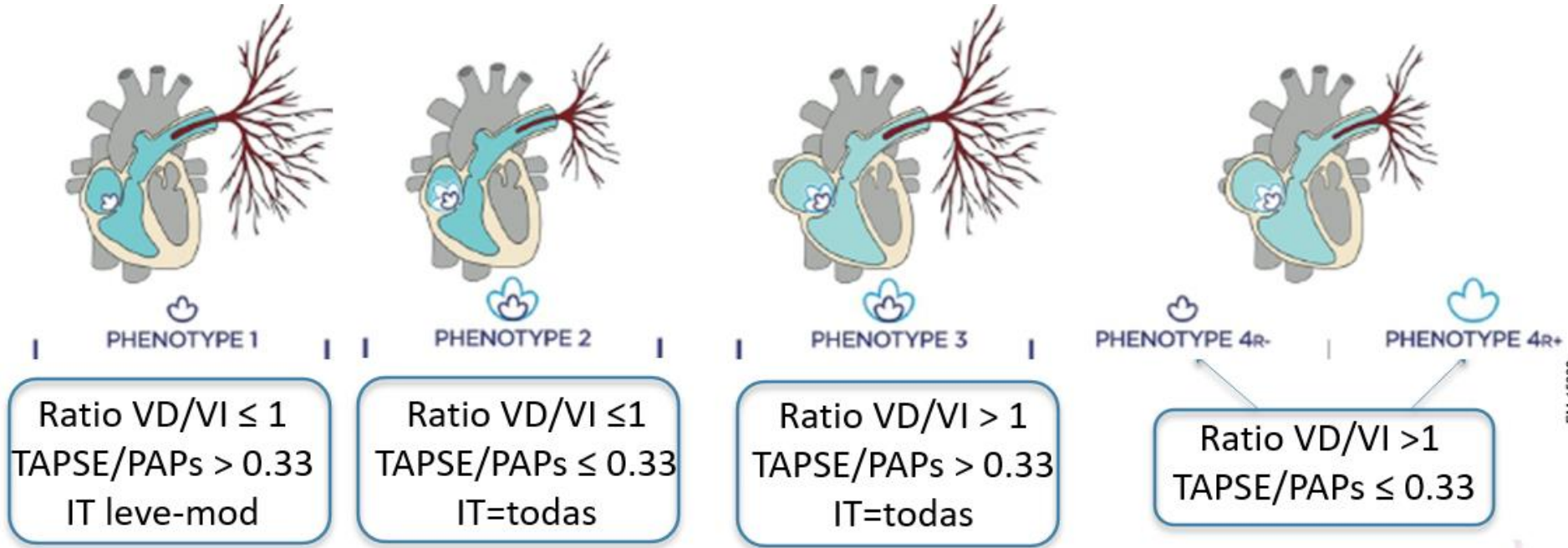
Am J Respir Crit Care Med 2022 May 1;205(9):988-990.

The importance of the RV in risk assessment

PAH and RV afterload mismatch

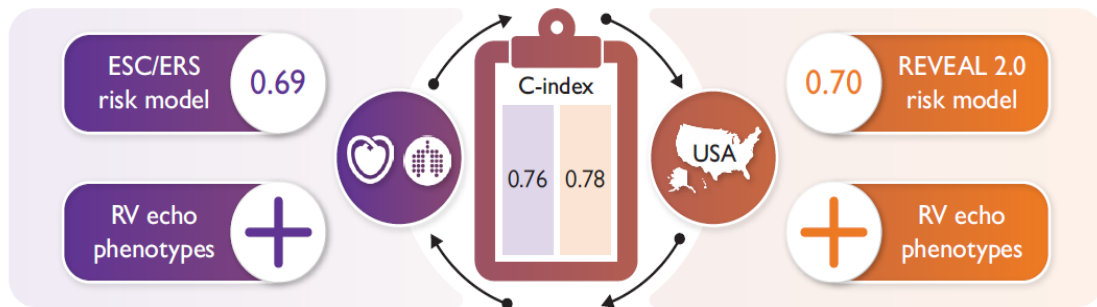


Prognostic relevance of RV phenotyping



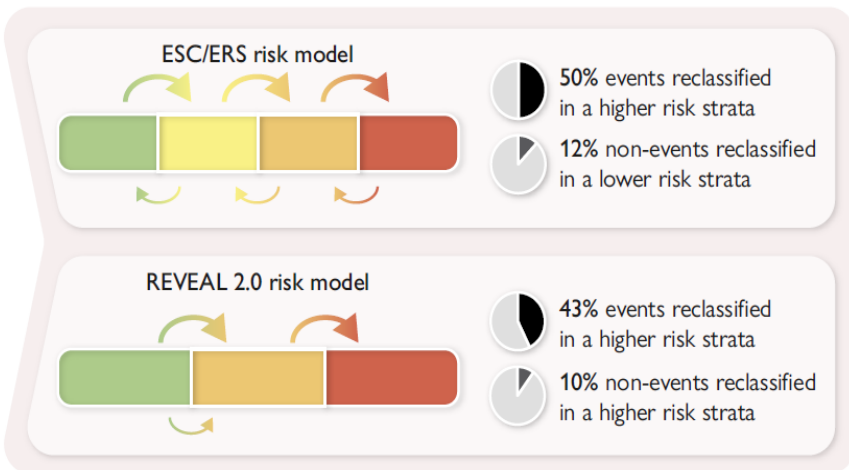
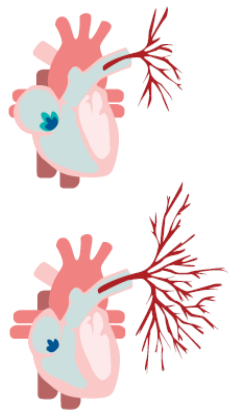
• J Heart Lung Transplant. 2024 Oct;43(10):1668-1676. doi: 10.1016/j.healun.2024.06.003.

Do echocardiography-derived phenotypes describing different degrees of RV remodelling add prognostic information to current risk stratification tools ?



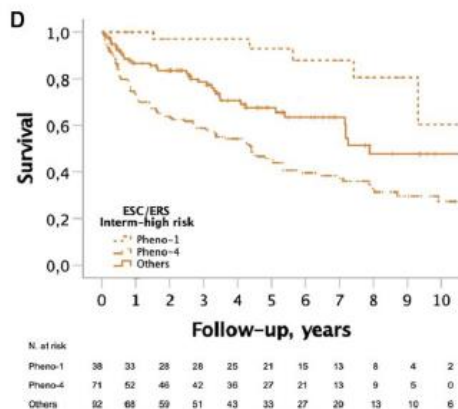
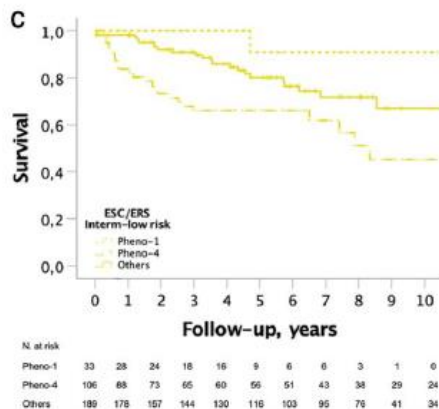
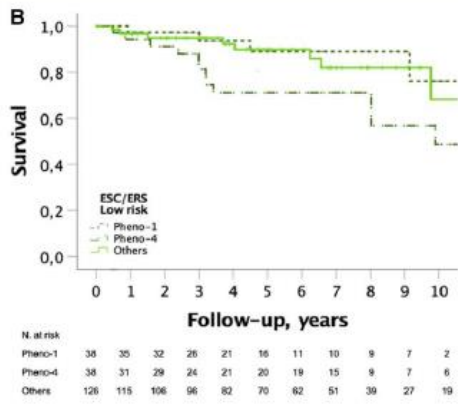
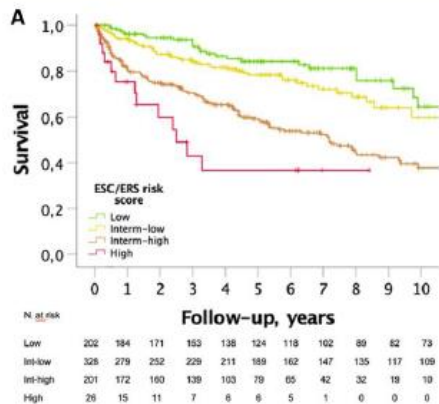
719 pacientes prevalentes

Echocardiographic phenotypes (ECO) were present in all ESC/ERS risk groups, except for the high-risk groups which included only phenotypes 3 and 4.



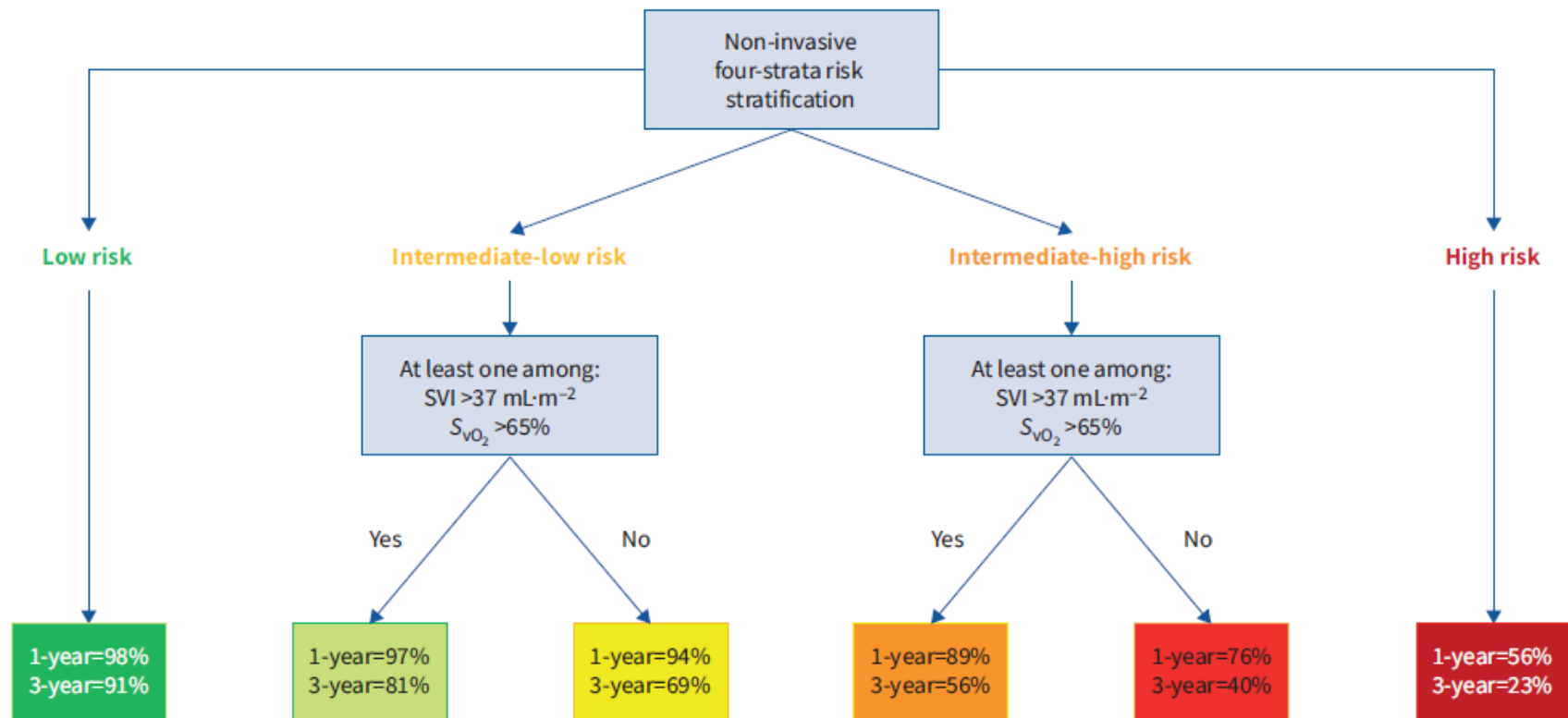
Eco phenotypes provide prognostic information which is independent and additional to the score Risk

Do echocardiography-derived phenotypes describing different degrees of RV remodelling add prognostic information to current risk stratification tools ?

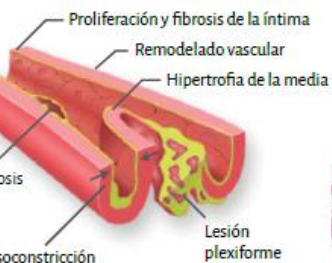


	Phenotype 1 (n = 109)	Phenotype 2 (n = 143)	Phenotype 3 (n = 290)	Phenotype 4 _{R-} (n = 166)	Phenotype 4 _{R+} (n = 49)
HR, bpm	70 ± 11	76 ± 11	74 ± 12	78 ± 13	79 ± 13
RAP, mm Hg	5.1 ± 3	6.5 ± 4	5.8 ± 3	8.3 ± 4	11.0 ± 5
mPAP, mm Hg	27 ± 6	45 ± 11	35 ± 6	51 ± 11	59 ± 16
PAWP, mm Hg	9 ± 2	10 ± 2	9 ± 3	9 ± 3	10 ± 3
CI, l/min/m ²	2.9 ± 0.6	2.6 ± 0.6	2.8 ± 0.6	2.5 ± 0.6	2.2 ± 0.4
PVR, WU	3.7 ± 1.5	8.4 ± 2.9	6.1 ± 2.3	10.6 ± 5.1	14.7 ± 6.7
PAC, mm Hg/mL	3.2 ± 1.7	1.4 ± 0.6	2.2 ± 0.8	1.2 ± 0.5	1.1 ± 0.7

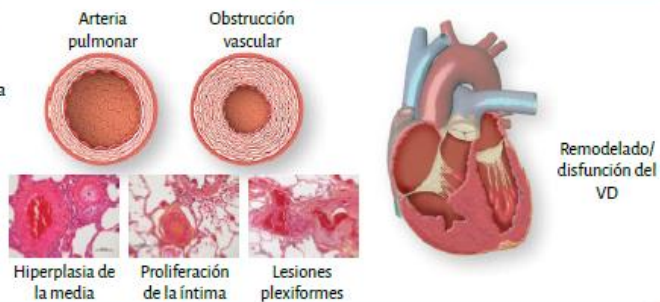
1240 PAH patients from the French PH registry reassessed at first follow-up visit by three non-invasive variables (WHO/NYHA FC, 6MWD, BNP/NT-proBNP) and right heart catheterisation



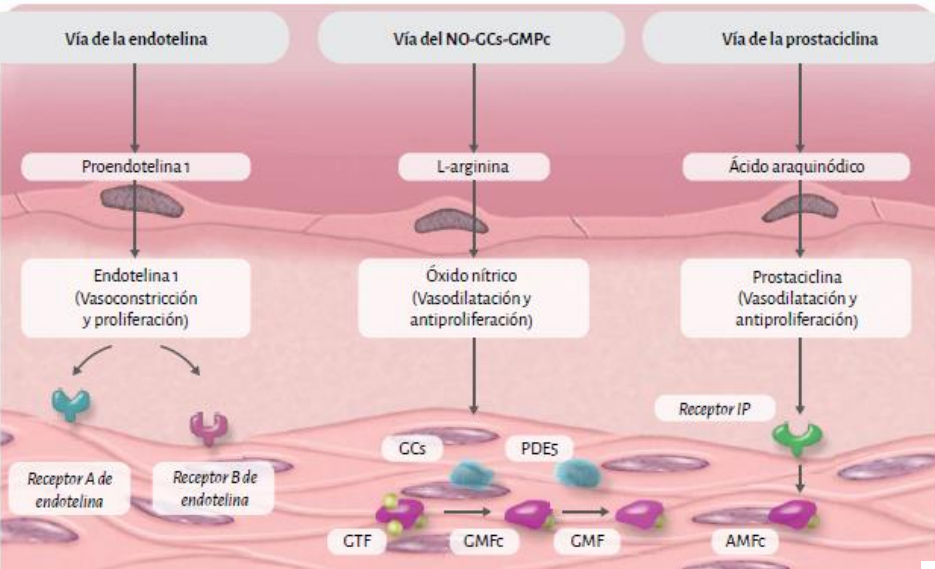
Vasculopatía pulmonar



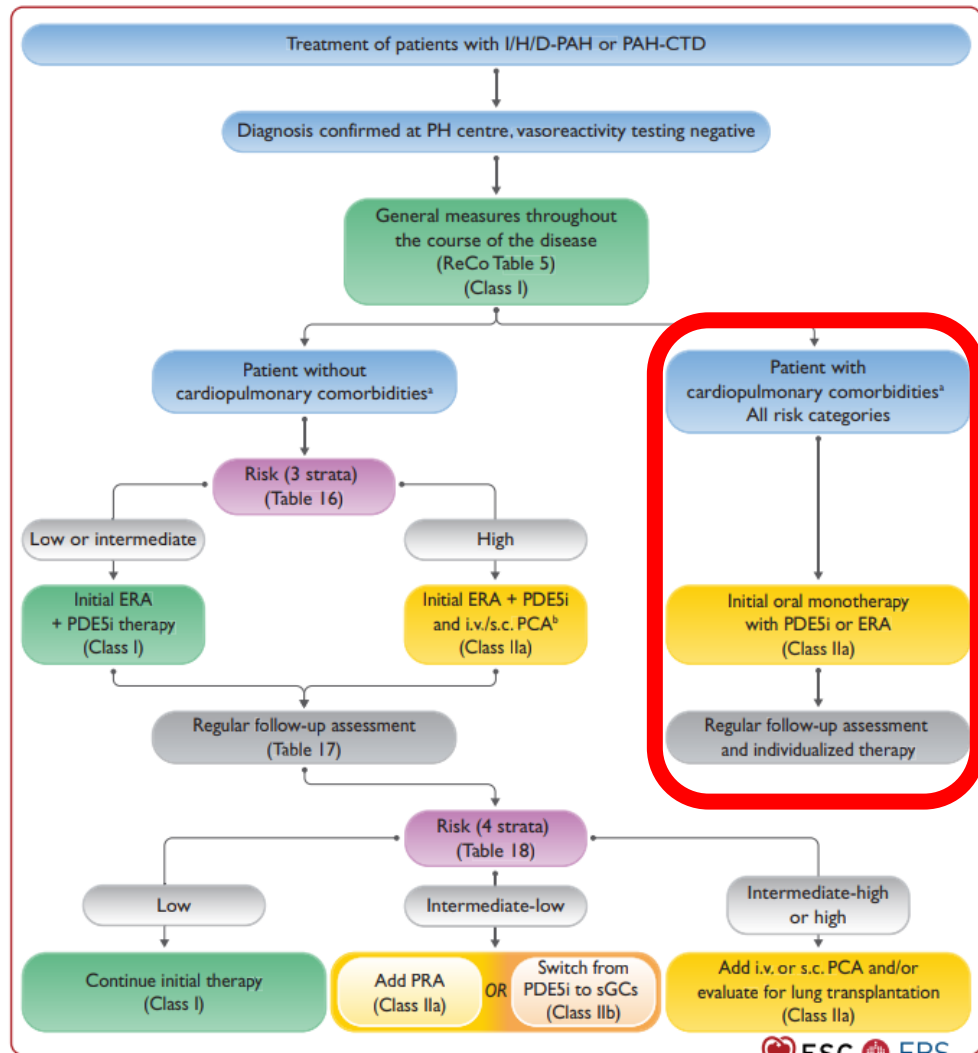
Insuficiencia cardíaca derecha



Objetivos terapéuticos actuales



¿Qué implican las comorbilidades en el manejo de la hipertensión pulmonar?



Cluster 2

HAP con fenotipo IC FEVI preservada
(edad, FRCV, PCP \leq 15 mmHG)

¿Fenotipo precapilar* u otras causas de HAP?

No

IPD-5 en monoterapia +
optimizar patología de base
(iSGLT2, diuréticos, aGLP1)

Ausencia de mejoría
o deterioro

Tratamiento conservador

Mejoría manteniendo
PCP < 15 mmHG
Reevaluación frecuente

Cluster 1

HAP clásica
(sin comorbilidad relevante)

Sí

Sí

Tratamiento
HAP

Estratificación pronóstica

Cluster 3

HAP con fenotipo cardiopulmonar
(DLCO < 45%, anomalías leves del parénquima)

¿Predominio de componente vascular
(RVP > 5 UW) u otras causas de HAP?

No

IPD-5 en monoterapia +
optimizar patología de base
(inhaladores, CPAP)

Mejoría
Reevaluación frecuente

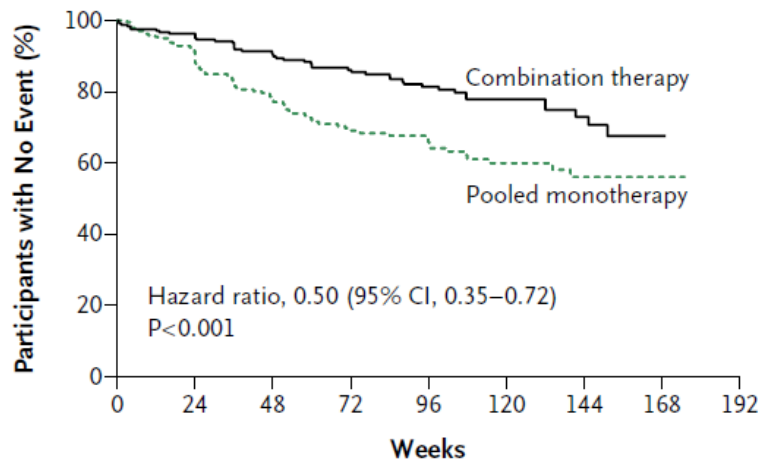
Ausencia de mejoría
o deterioro

Si candidato, considerar trasplante.
Si no manejo conservador

Protocolos H12O. 2025

Ambition: up front combination

A Combination Therapy vs. Pooled Monotherapy



No. at Risk

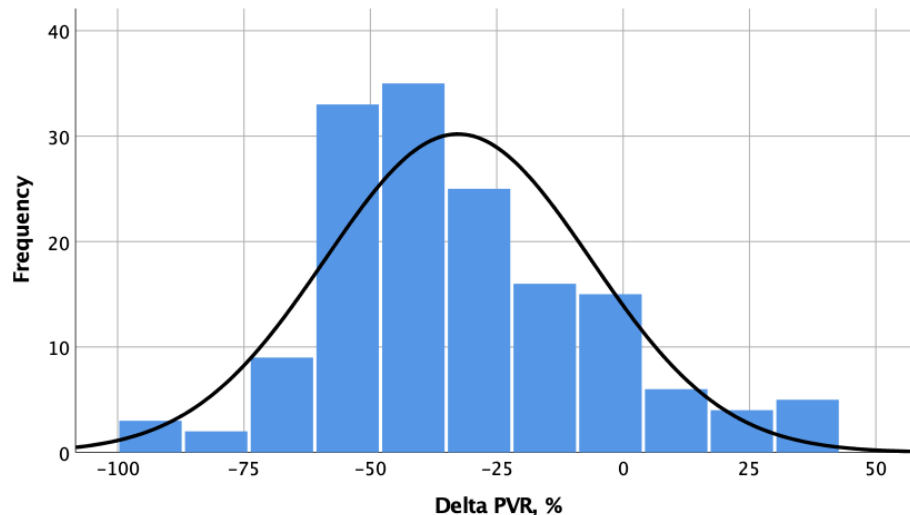
Combination therapy	253	229	186	145	106	71	36	4
Pooled monotherapy	247	209	155	108	77	49	25	5



N Engl J Med 2015;373:834-44.
DOI: 10.1056/NEJMoa1413687

PVR and treatment response

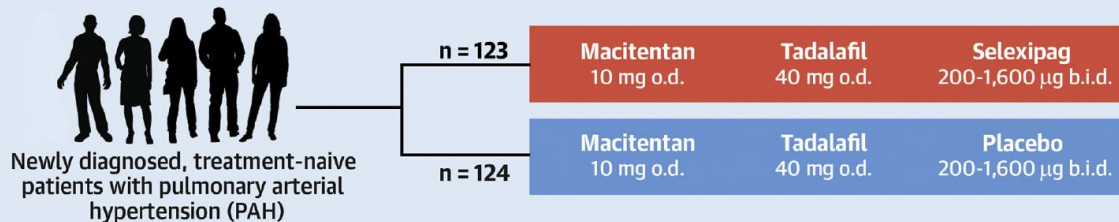
181 naive PAH patients (IPAH, CTD) treated with upfront double oral combination
11 italian centers – iPHNET -
Ambrisentan-Tadalafil most common combi (62%)
median follow-up 180 days (IQR 79-394)



PVR reduction : median - 40 % (mean -35%)

CENTRAL ILLUSTRATION Initial Triple Versus Double Oral Combination Therapy in Pulmonary Arterial Hypertension

TRITON: Multicenter, double-blind, randomized, placebo-controlled, phase 3b study



Change from Baseline to Week 26

Initial triple	Initial double	Treatment effect
----------------	----------------	------------------

Primary Endpoint

Pulmonary vascular resistance	-54%	-52%	No difference
-------------------------------	------	------	---------------

Secondary Endpoints (Exploratory Analyses)

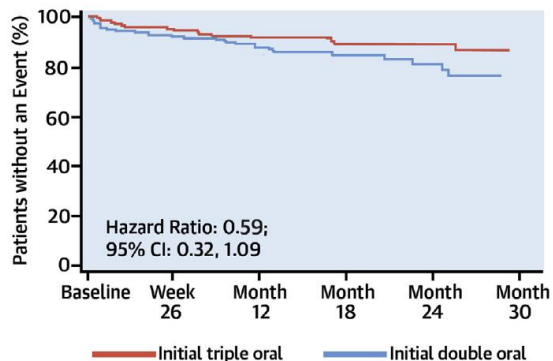
6-Minute walk distance	+55 m	+56 m	No difference
------------------------	-------	-------	---------------

NT-proBNP	-74%	-75%	No difference
-----------	------	------	---------------

Time to First Disease Progression Event

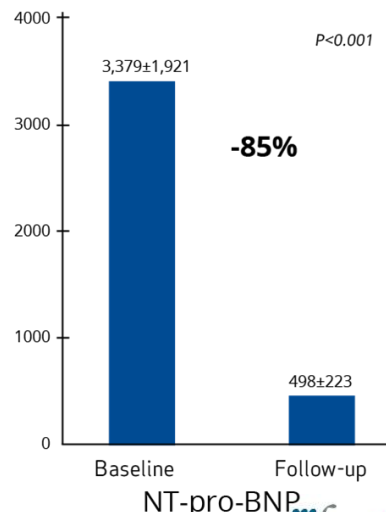
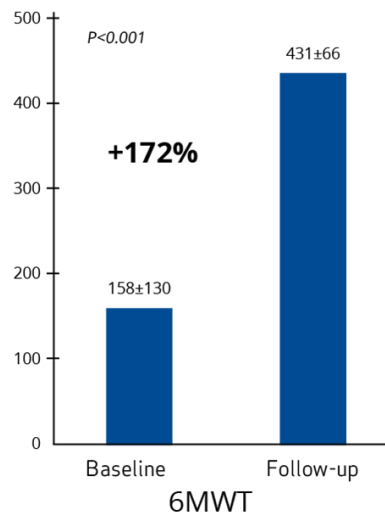
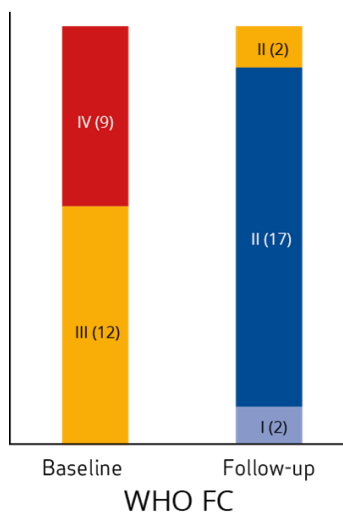
Secondary Endpoints (Exploratory Analyses)

41% reduction in risk of disease progression with **initial triple oral** vs **initial double oral** combination therapy



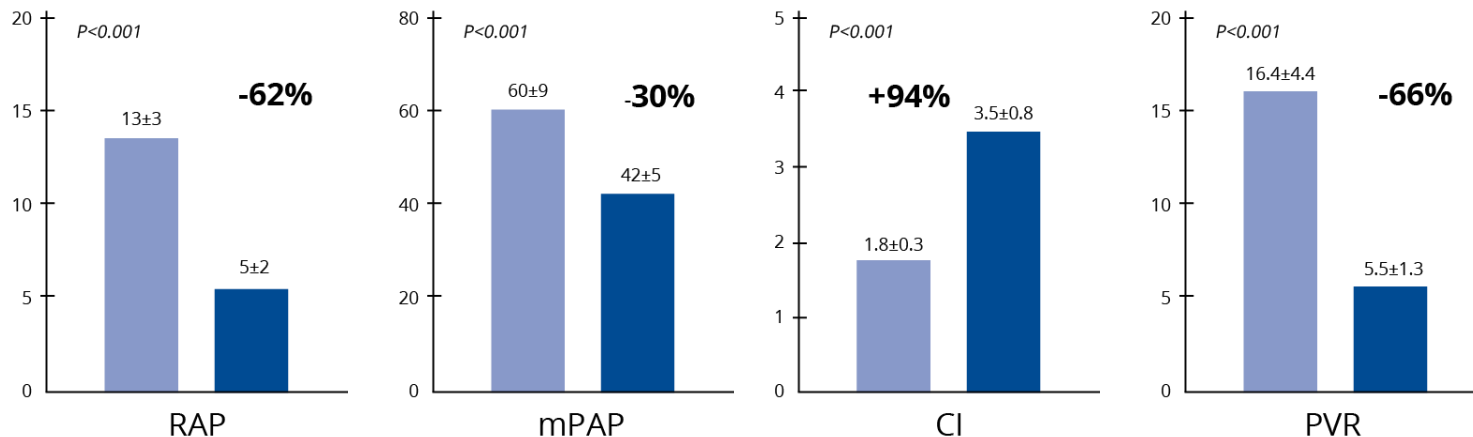
Upfront combination treatment including parenteral prostanoids in critical ill patients

Upfront triple combination therapy with ambrisentan, tadalafil and SC treprostinil in severe PAH patients
 21 patients treated - 24 months Follow-up - 21/21 patients alive on triple combination therapy



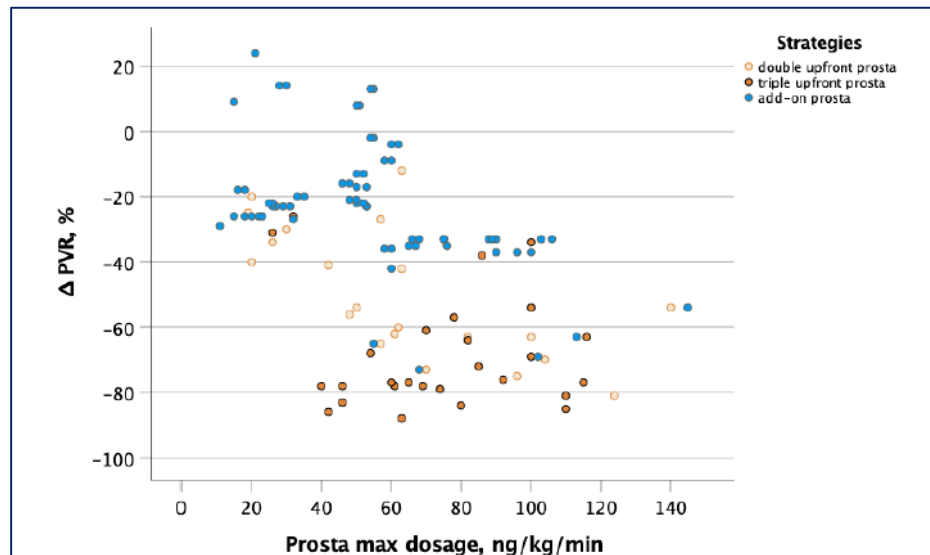
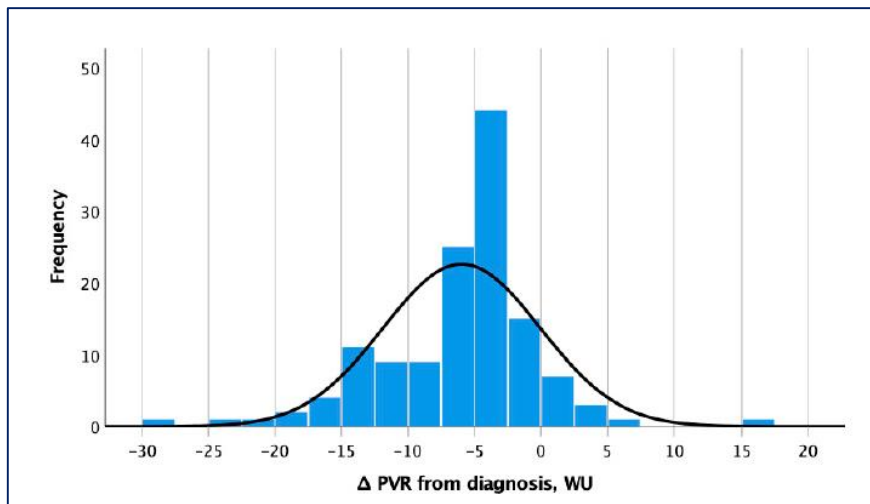
Upfront combination treatment including parenteral prostanoids in critical ill patients



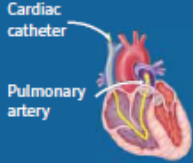
- Right-sided atrial pressure decreased from 13 ± 3 to 5 ± 2 mm Hg
- Mean pulmonary artery pressure decreased from 60 ± 9 to 42 ± 5 mm Hg
- Cardiac index increased from 1.8 ± 0.3 to 3.5 ± 0.8 L/min/m²
- Pulmonary vascular resistance (PVR) decreased from 16.4 ± 4.4 to 5.5 ± 1.3 WU





Article
Impact of Parenteral Prostanoids in Pulmonary Arterial Hypertension: The Relevance of Timing



Domain	Treatment goals	Comments	Limitations
Exercise tolerance 	6MWD >440 m WHO-FC I or II	Not disease-specific, potentially affected by conditions other than PAH	Goals may not be achievable in patients with other conditions limiting exercise capacity
RV function and strain 	BNP <50 ng·L⁻¹ NT-proBNP <300 ng·L⁻¹	Not disease-specific, potentially affected by conditions other than PAH	Goals may not be achievable in patients with interfering conditions
	Need for research prioritisation: RA area <18 cm ² TR, none or trace TAPSE/sPAP >0.32 mm·mmHg ⁻¹	Other imaging parameters from echocardiography and MRI are emerging	TAPSE/sPAP threshold requires further validation
Haemodynamics 	RAP <8 mmHg CI ≥2.5 L·min⁻¹·m⁻² SVI >37 mL·m⁻² S_{vO₂} >65% PVR <5 WU	Uncertain added value in low-risk patients according to ESC/ERS 4 strata model PVR <5 WU treatment goal may not apply to patients with congenital heart disease	Established prognostic value; however, not necessarily independent of noninvasive parameters
	Need for research prioritisation: mPAP <30–35 mmHg PAC ≥2.5 mL·mmHg ⁻¹	With emerging therapies and effective combination treatment strategies, comprehensive haemodynamic assessment of treatment response is expected to play a prominent role in the management of patients with PAH	The proposed thresholds may be associated with long-term survival; however, this is not evidence-based and requires further validation

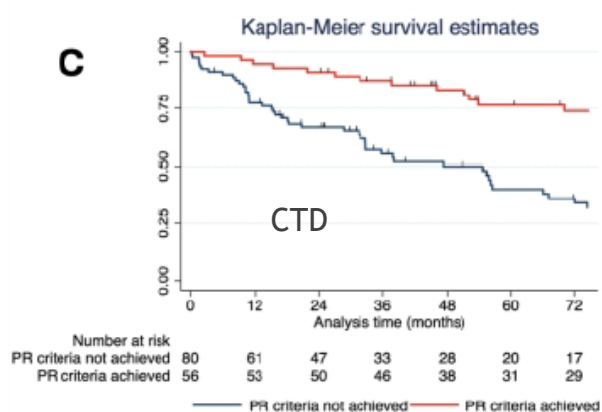
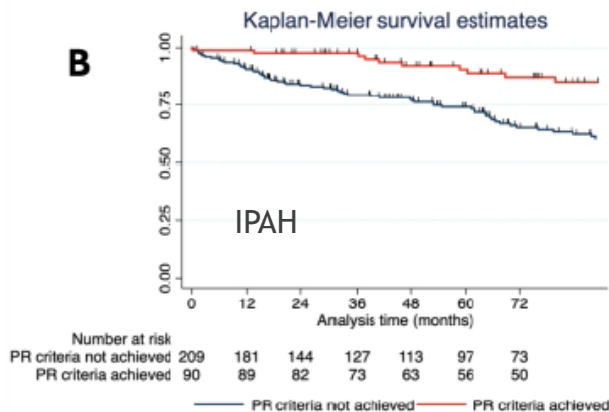
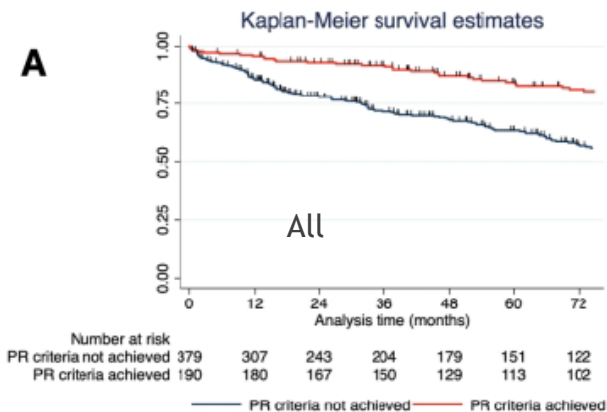


Eur Respir J 2024; in press: 2401323

569 pacientes

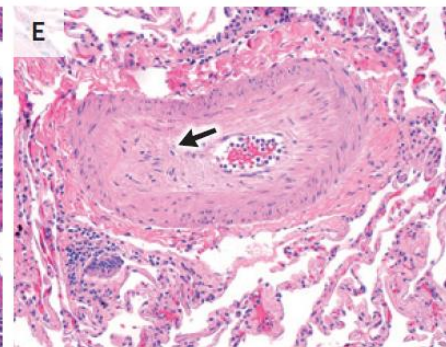
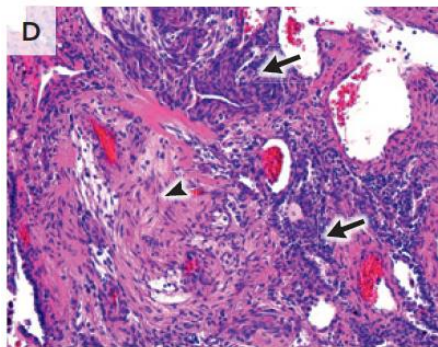
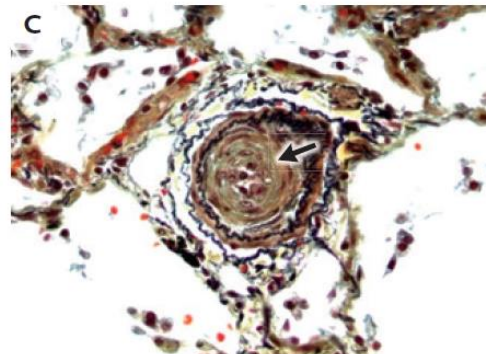
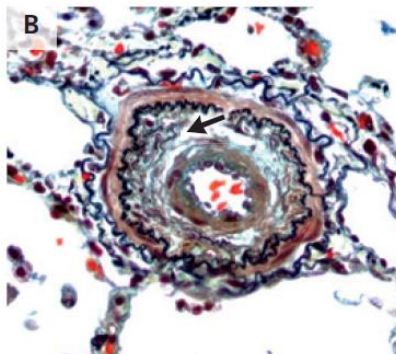
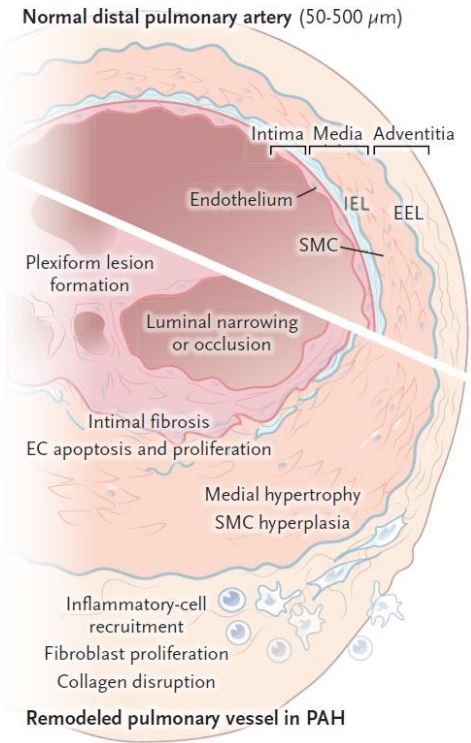
Remisión parcial en seguimiento

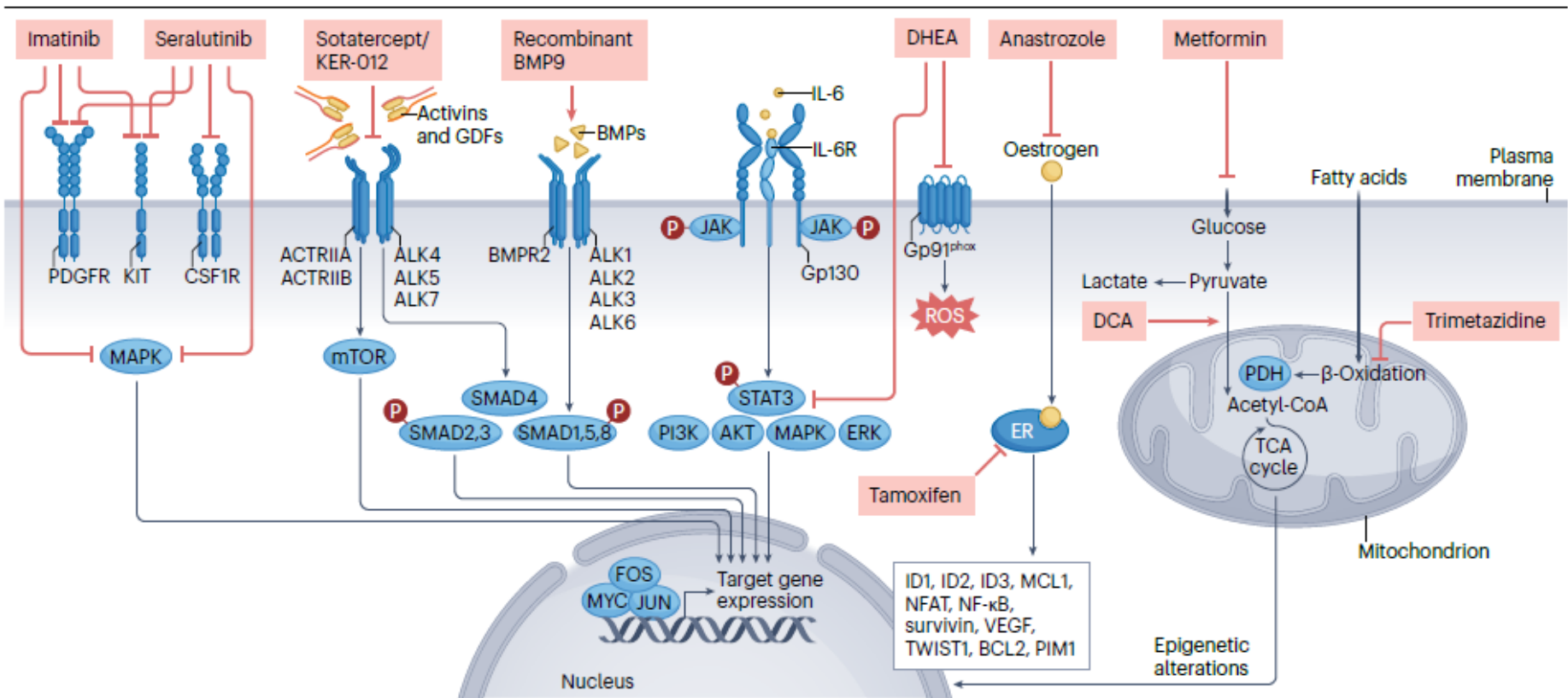
PVR < 5UW y/o mPP < 35 mmhg



Cruz-Utrilla A. Accepted for publication

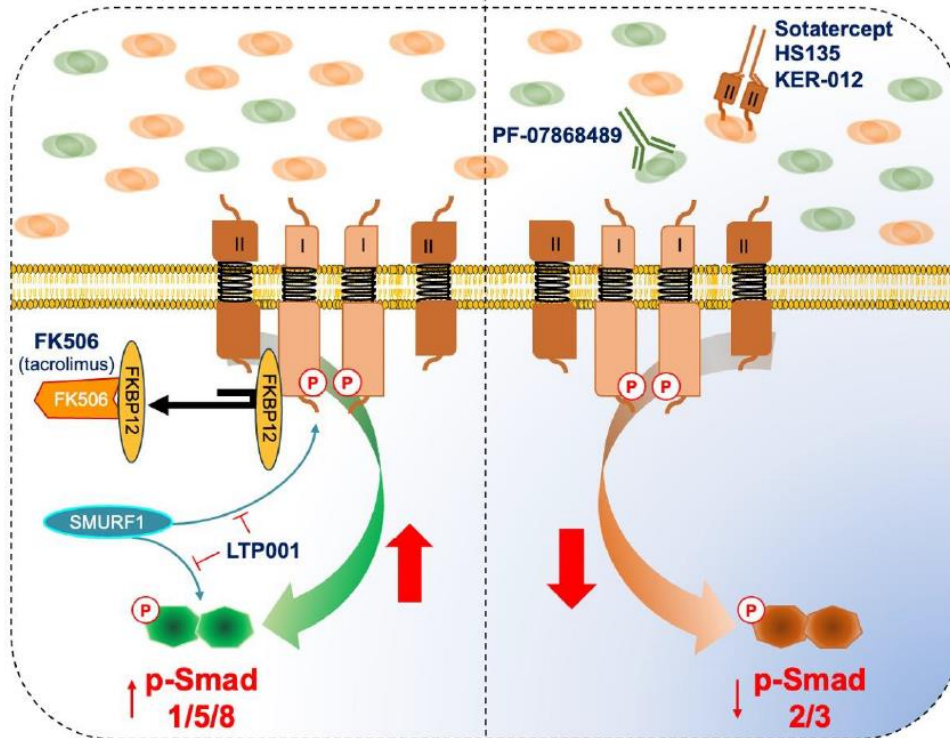
Pathobiology of pulmonary hypertension





Ongoing strategies aimed at enhancing the Smad1/5/8 signaling:

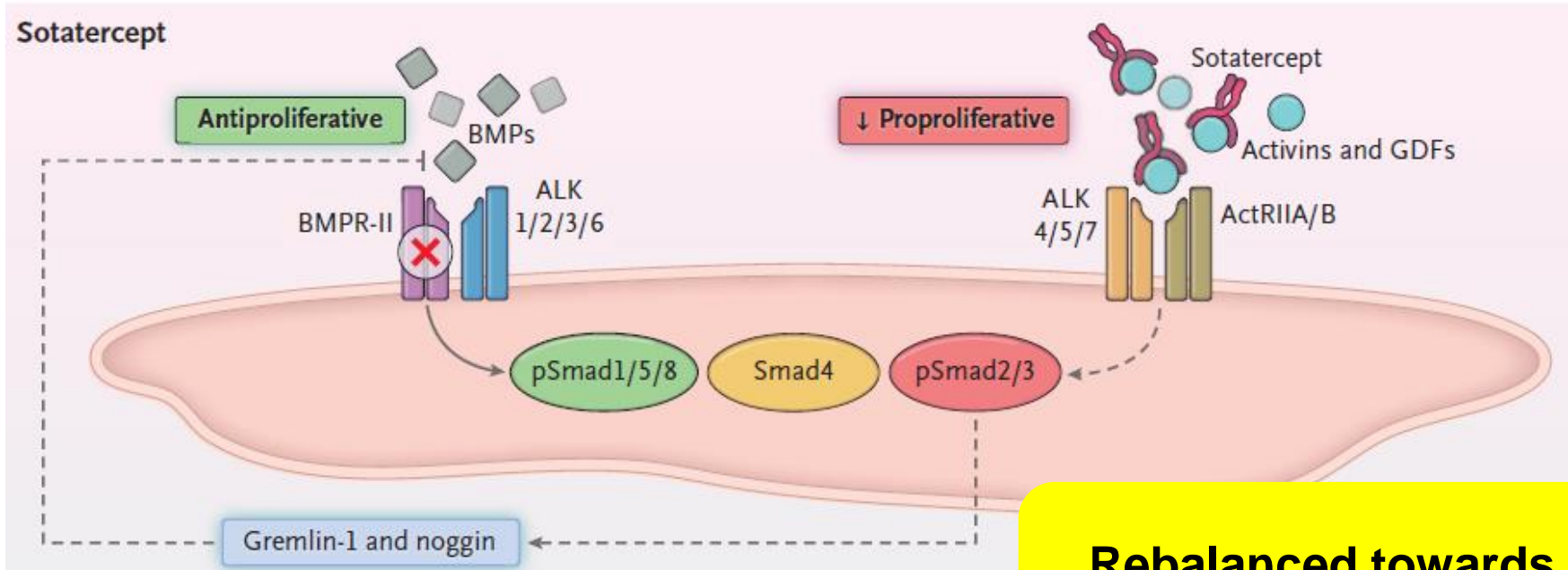
Ongoing strategies aimed at reducing the Smad2/3 signaling:



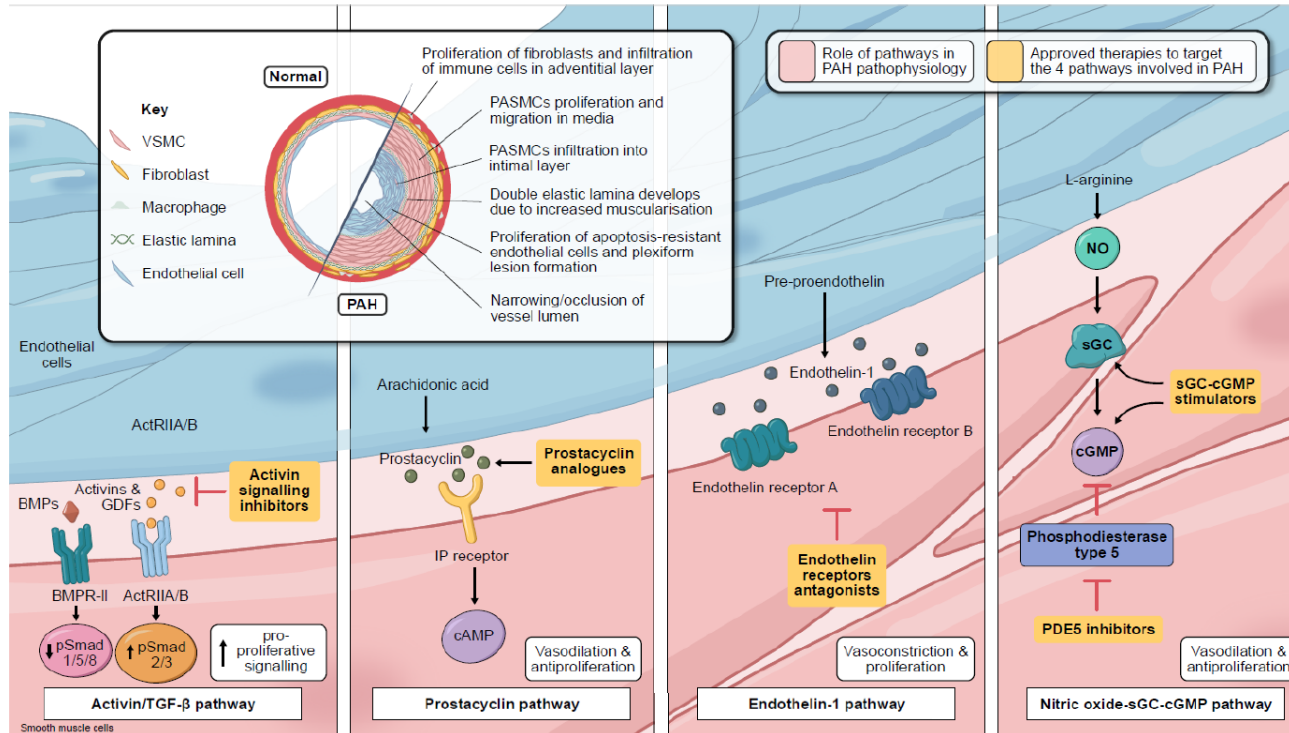
Smad1/5/8 pathway activator ligand:

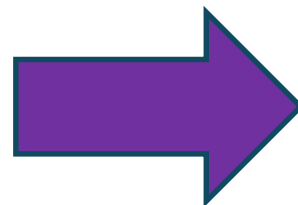
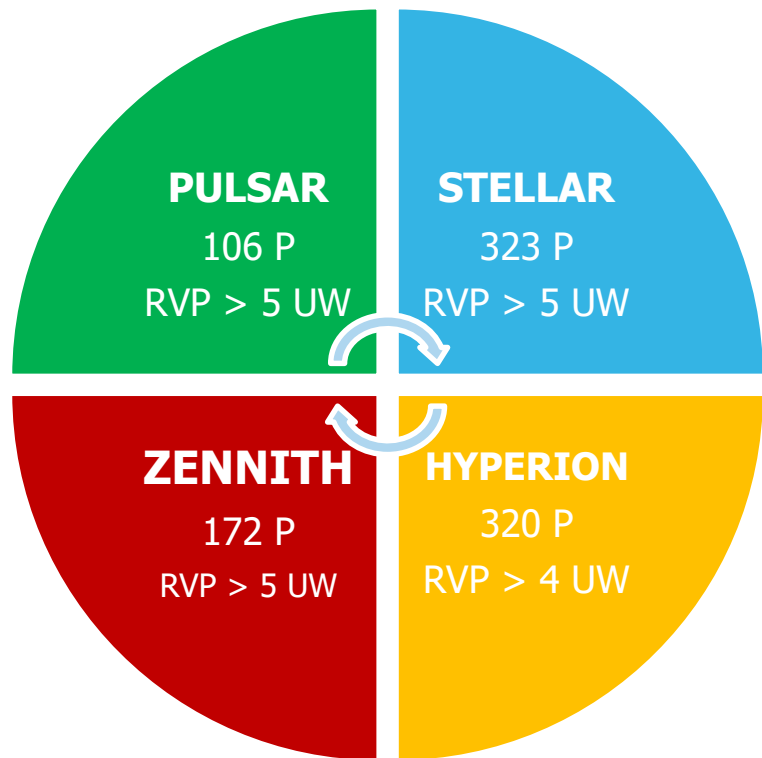
Smad2/3 pathway activator ligand:

Mechanism of action: Sotatercept



ASI class to target a the ACTIVIN/TGFB pathway and treat PAH





SOTERIA
426 P

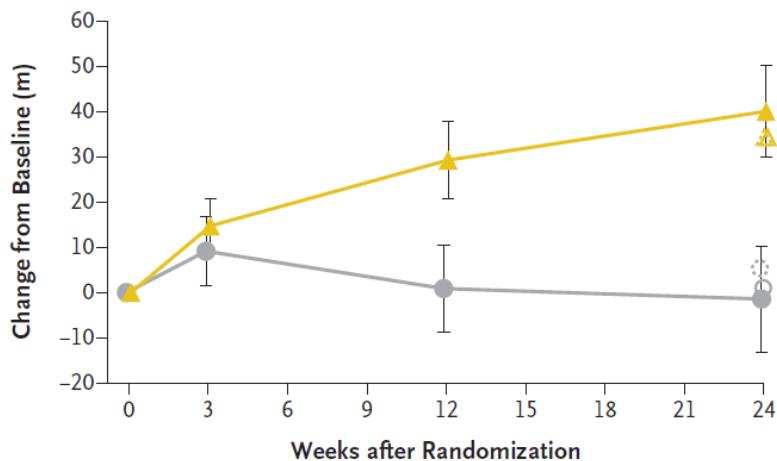
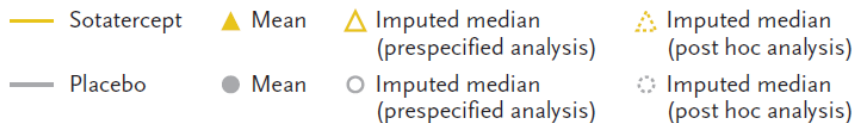
STELLAR: demographics and baseline clinical characteristics

Parameter		Placebo N = 160	Sotatercept N = 163	Total N = 323
Classification of PAH, n (%)	Idiopathic	106 (66.3)	83 (50.9)	189 (58.5)
	Heritable	24 (15.0)	35 (21.5)	59 (18.3)
	Associated with CTD	19 (11.9)	29 (17.8)	48 (14.9)
	Drug-induced or toxin-induced	4 (2.5)	7 (4.3)	11 (3.4)
	Associated with corrected congenital shunts	7 (4.4)	9 (5.5)	16 (5.0)
WHO FC, n (%) [†]	Class II	78 (48.8)	79 (48.5)	157 (48.6)
	Class III	82 (51.3)	84 (51.5)	166 (51.4)
Age		47.6(14.1)	48.3 (15.5)	47.9 (14.8)
Background therapy [‡] , n (%)	Prostacyclin infusion therapy [§]	64 (40.0)	65 (39.9)	129 (39.9)
	Mono	4 (2.5)	9 (5.5)	13 (4.0)
	Double	56 (35.0)	56 (34.4)	112 (34.7)
	Triple	100 (62.5)	98 (60.1)	198 (61.3)
Time since diagnosis of PAH		9.2 (7.3)	8.3 (6.7)	8.8(7.0)

STELLAR: demographics and baseline clinical characteristics of study patients

Parameter	Placebo N = 160	Sotatercept N = 163	Total N = 323
Hb, g/dL	13.7 ± 1.6	13.9 ± 1.7	13.8 ± 1.6
eGFR, mL/min/1.73 m ²	88.3 ± 35.8	91.2 ± 34.6	89.8 ± 35.2
6MWD, m	407.0 ± 78.2	398.5 ± 83.5	402.7 ± 80.9
NT-proBNP, pg/mL	1207.8 ± 2694.4	1037.5 ± 2498.6	1121.1 ± 2593.8
PVR, dyn sec cm ⁻⁵	745.8 ± 313.5	781.3 ± 398.5	763.7 ± 358.8
CO, L/min	4.8 ± 1.2	4.9 ± 1.3	4.8 ± 1.2
Cardiac index, L/min/m ²	2.7 ± 0.6	2.7 ± 0.6	2.7 ± 0.6
Mean pulmonary artery pressure, mm Hg	52.2 ± 13.0	53.0 ± 14.6	52.6 ± 13.8
RA pressure, mm Hg	8.5 ± 4.5	8.0 ± 4.3	8.2 ± 4.4
Pulmonary arterial wedge pressure, mm Hg	9.8 ± 3.1	9.7 ± 3.2	9.8 ± 3.1
Mixed venous oxygen saturation, %	67.4 ± 7.9	66.8 ± 7.1	67.1 ± 7.5

Sotatercept – STELLAR trial



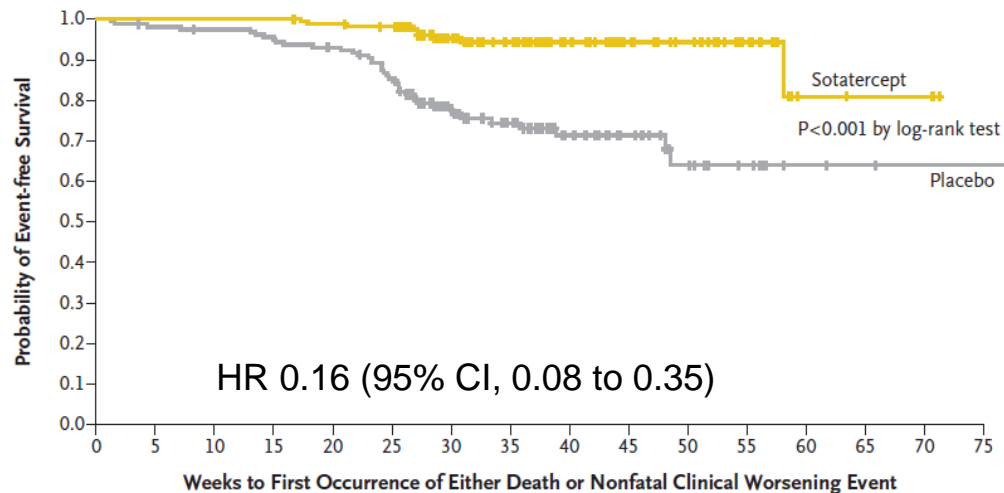
No. at Risk

	0	3	12	24
Sotatercept	163	157	154	157
Placebo	160	154	151	147

	Placebo (N=160)	Sotatercept (N=163)
Baseline mean (\pm SD)*	404.7 (\pm 80.6)	397.6 (\pm 84.3)
Observed mean change from baseline (\pm SD)*	-1.4 (\pm 72.0)	40.1 (\pm 64.3)
Observed median*	6.0	34.5
Imputed median [†]	1.0	34.4
Hodges-Lehmann location shift (95% CI) [‡]		40.8 (27.5, 54.1)
Wilcoxon p-value [§]		< 0.001

Sotatercept – STELLAR trial

84% reduction in the risk of fatal and nonfatal outcomes after a median follow-up of 32.7 weeks

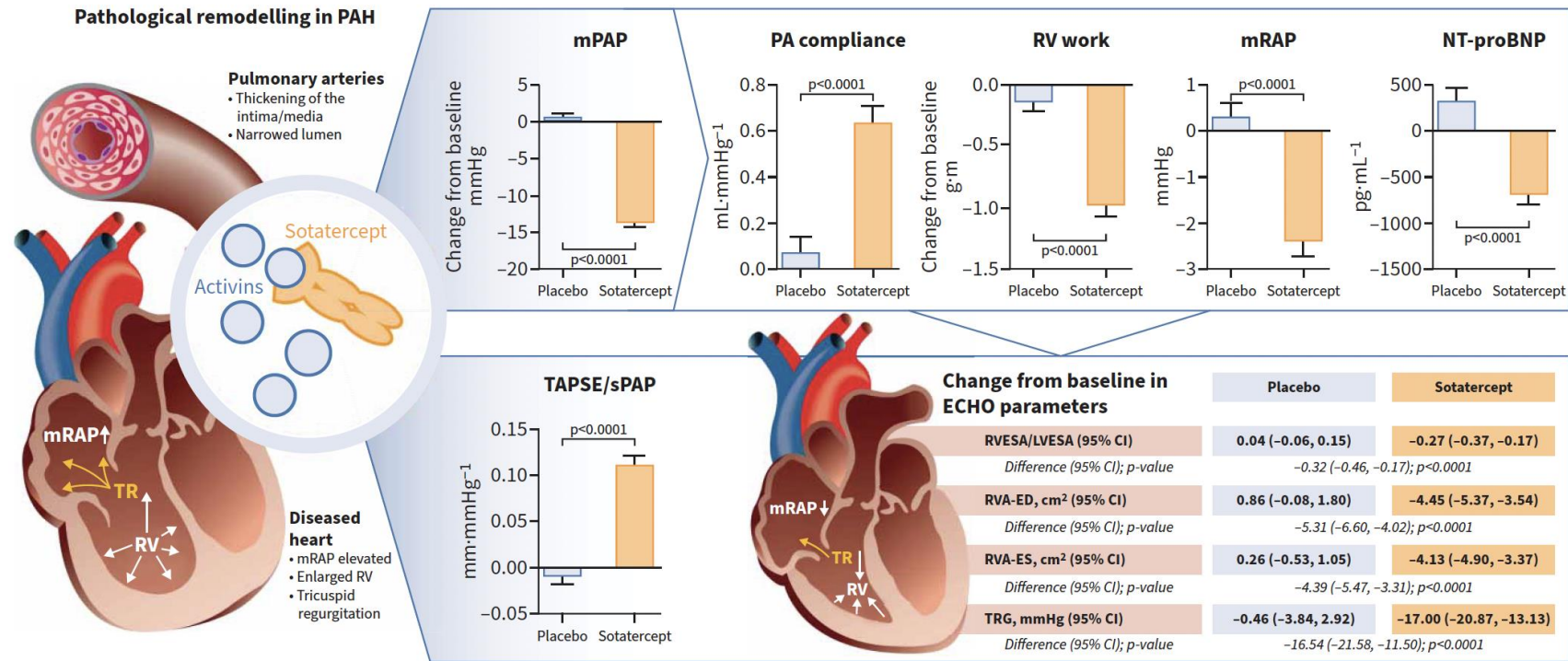


163	163	163	163	160	157	111	89	60	37	28	15	3	2	2	0
160	156	154	151	146	133	83	59	38	27	16	9	3	2	1	1

	Sotatercept (163)	Placebo (160)
Pts with worsening/death	9 (5.5)	42 (46.2)
Death	2 (1.2)	6 (3.8)
Listing HL transplant	1 (0.6)	1 (0.6)
Rescue therapy	2 (1.2)	17 (10.6)
Atrial septostomy	0	0
Hospitalization	0	7 (4.4)
Worsening PAH	4 (2.5)	15 (9.4)

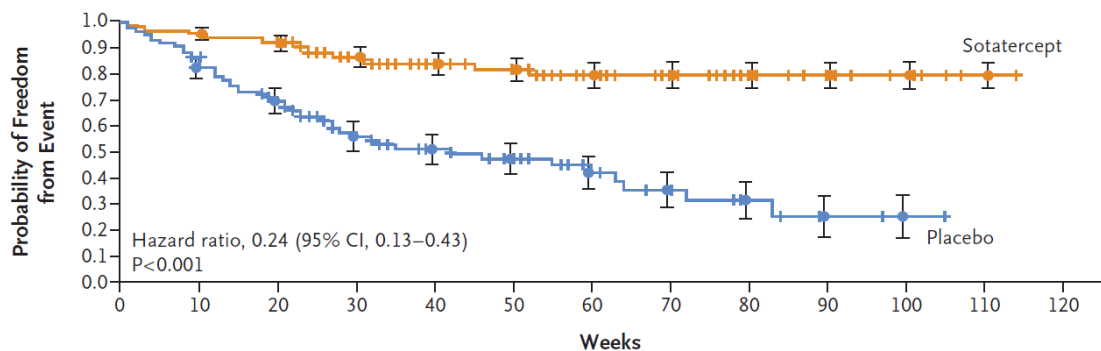
Clinical worsening events : listing for transplantation, initiation or rescue therapy with an approved background treatment or increase in the prostacyclin dose by $\geq 10\%$, hospitalization ≥ 24 hours for PAH or worsening of PAH relative to baseline as defined by both a worsened WHO-FC and a decrease in 6MWD $\geq 15\%$

Effects of sotatercept on haemodynamics and right heart function: analysis of the STELLAR trial



ZENITH: Primary endpoint results

Kaplan-Meier Estimates of Primary Composite Endpoint



No. at Risk

Sotatercept	86	82	79	61	51	40	28	21	13	9	5	1	0
Placebo	86	74	59	38	28	23	15	10	5	2	1	0	0

No. of Events

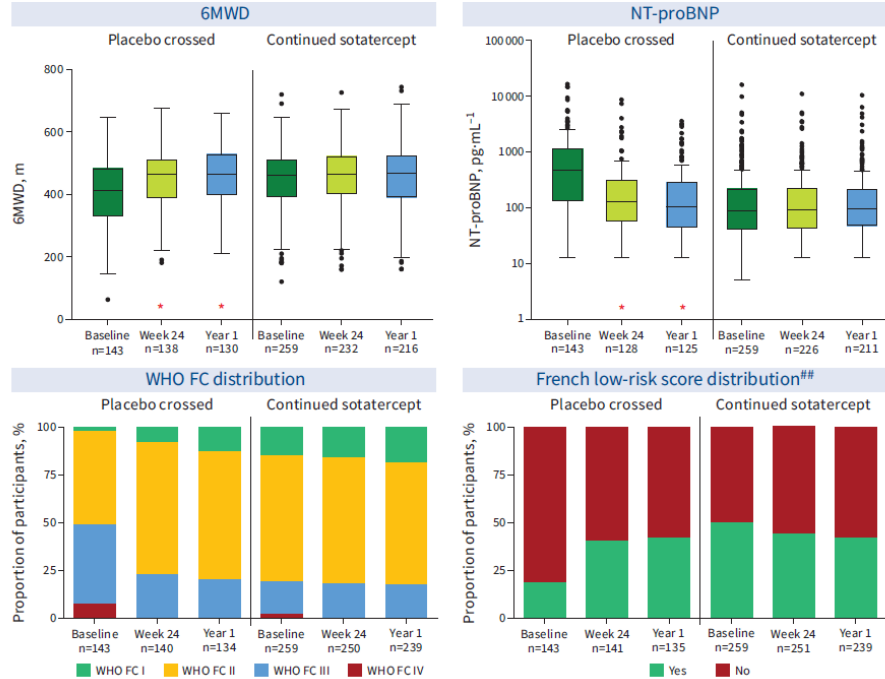
Sotatercept	4	3	4	2	1	1	0	0	0	0	0	0	0
Placebo	12	13	10	4	2	1	3	1	1	0	0	0	0

Components of the primary endpoint, n (%)	Placebo (n=86)	Sotatercept (n=86)
Patients with one or more primary events	47 (54.7)	15 (17.4)
Components of the primary endpoint as a standalone outcome^d		
All-cause death ^e	13 (15.1)	7 (8.1)
Lung transplantation	6 (7.0)	1 (1.2)
PAH worsening-related hospitalization of ≥ 24 hours	43 (50.0)	8 (9.3)
Analysis of Time to First Morbidity-Mortality Events		

A long-term follow-up study of Sotatercept: interim results of SOTERIA

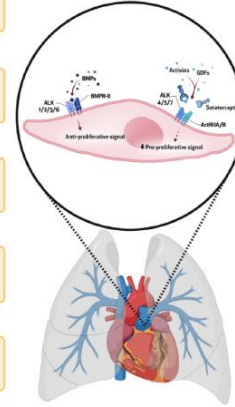
Efficacy

Improvements in clinical efficacy measures achieved at 24 weeks were maintained 1 year into this open-label period



Benefits

- Increase functional exercise capacity
- Improve WHO functional class
- Decreased mPAP and PVR without a change in CO
- Reduce risk of clinical worsening events
- Improvements in patient-reported health status
- Decreased RV size and mass



Adverse Events

- 15% erythrocytosis >2 g/dL above ULN
- 3% thrombocytopenia platelets <50,000/mm³
- 36% bleeding event
 - 22% epistaxis
 - 4% serious bleeding
- 10% telangiectasia
- 25% headache
- 20% rash
- 15% diarrhea
- 14% erythema

Key Unknowns

- Long-term efficacy and safety
- Impact of development of antidrug antibodies
- May cause fetal harm and infertility



Reference Network
for rare or low prevalence complex diseases



Network Respiratory Diseases (ERN-LUNG)

J Heart Lung Transplant 2025;44:1-10

Eur Respir J 2025; 66: 2401435



Comunidad de Madrid

Severe Hypoxemia and Pulmonary Capillary Dilatations in Pulmonary Arterial Hypertension Patients Treated with Sotatercept

Karen M. Olsson^{1,2}, Laurent Savale^{3,4,5}, Christophe Guignabert^{3,4}, Da-Hee Park^{1,2}, Jan C. Kamp^{1,2}, Athénaïs Boucly^{3,4,5}, David Montani^{3,4,5}, Olivier Sitbon^{3,4,5}, Marc Humbert^{3,4,5}, and Marius M. Hoeper^{1,2}

Clinical case 1

Sotatercept started, Aug 11th, 2022

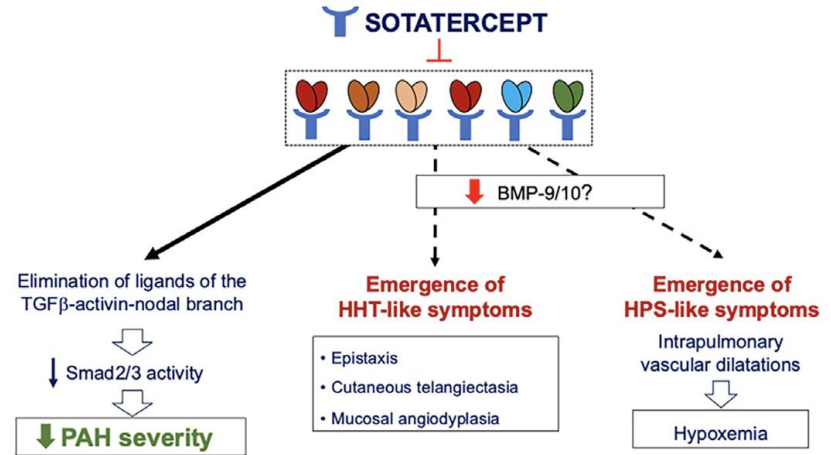
July 2022	January 2023	December 2023	September 2024	December 2024	January 2025
pO ₂ 79 mmHg pCO ₂ 36 mmHg	pO ₂ 88 mmHg pCO ₂ 32 mmHg	pO ₂ 60 mmHg pCO ₂ 29 mmHg	pO ₂ 56 mmHg pCO ₂ 32 mmHg	pO ₂ 42 mmHg pCO ₂ 29 mmHg	pO ₂ 60 mmHg pCO ₂ 31 mmHg
WHO-FC III 6MWD 394 m SO ₂ min 84%	WHO-FC II 6MWD 485 m SO ₂ min* 84%	WHO-FC II 6MWD 504 m SO ₂ min 70%	WHO-FC II 6MWD 475 m SO ₂ min 75%	WHO-FC III 6MWD 333 m SO ₂ min 68%	WHO-FC III 6MWD 332 m SO ₂ min 76%
NT-proBNP 893 ng/L	NT-proBNP 200 ng/L	NT-proBNP 149 ng/L	NT-proBNP 133 ng/L	NT-proBNP 121 ng/L	NT-proBNP 189 ng/L
mPAP 59 mmHg CI 3.3 L/min/m ² PVR 9.7 WU SvO ₂ 66%		mPAP 43 mmHg CI 2.4 L/min/m ² PVR 8.2 WU SvO ₂ 70%	mPAP 40 mmHg CI 2.1 L/min/m ² PVR 8.1 WU SvO ₂ 74%		

Sotatercept halted (last dose Nov 7th, 2024)

Clinical case 2

Sotatercept started, Sept 30th, 2021

Sept 2021	March 2022	April 2024	Sept 2024	Nov 2024	Feb 2025
SaO ₂ 98% at rest <i>Historical ABG (pO₂ 93 / pCO₂ 31 mmHg)</i>	SaO ₂ 98% at rest	pO ₂ 62 mmHg pCO ₂ 28 mmHg	pO ₂ 48 mmHg pCO ₂ 25 mmHg	pO ₂ 64 mmHg pCO ₂ 28 mmHg	pO ₂ 67 mmHg pCO ₂ 27 mmHg
WHO-FC II 6MWD 450 m SO ₂ min 90%	WHO-FCII 6MWD 482 m <i>Epistaxis during 6MWD</i>	WHO-FC II 6MWD 444 m SO ₂ min 76%	WHO-FC III 6MWD 456 m SO ₂ min 65%	WHO-FC III 6MWD 420 m SO ₂ min 68%	WHO-FC III 6MWD 370 m SO ₂ min 57%
NT-proBNP 411 ng/L	NT-proBNP	NT-proBNP 18 ng/L	NT-proBNP 12 ng/L	NT-proBNP 35 ng/L	NT-proBNP 22 ng/L
mPAP 55 mmHg CI 2.7 L/min/m ² PVR 9.6 WU SvO ₂ 71%	mPAP 26 mmHg CI 2.3 L/min/m ² PVR 5.9 WU SvO ₂ 70%			mPAP 30 mmHg CI 2.3 L/min/m ² PVR 4.8 WU SvO ₂ 74%	



European Reference Network

for rare or low prevalence complex diseases



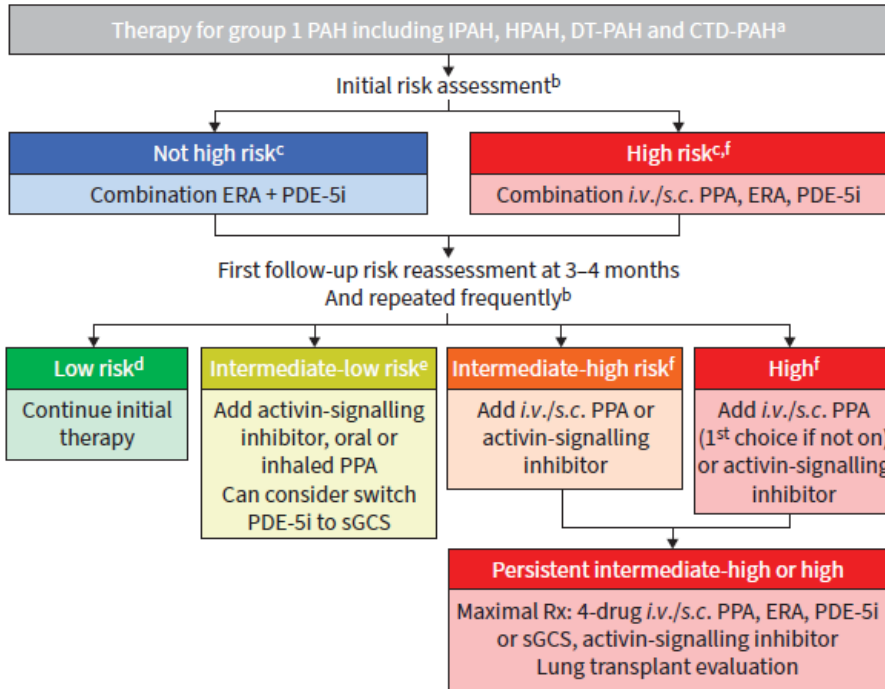
Am J Respir Crit Care Med. 2025 Jul;211(7):1303-1305



Comunidad de Madrid

Pericardial effusions and sotatercept therapy in PAH: a multicentre, real-world experience

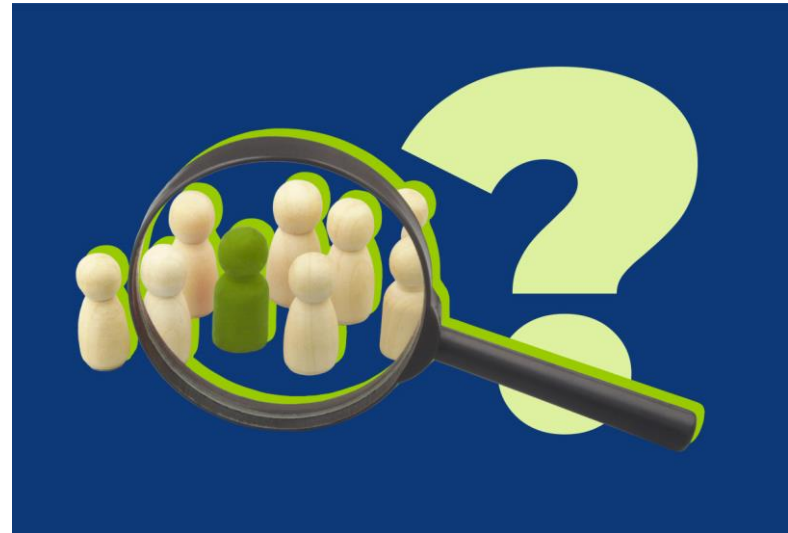
- Among 391 adults with PAH who were consecutively treated with sotatercept as add-on therapy at six comprehensive care centres. 70.3% were on a prostacyclin pathway agent
- 165 (42.2%) IPAH, 133 (34.0%) had PAH -CTD, 34 (8.7%) had drug- and toxin-associated PAH, 26 (6.6%) had heritable PAH (HPAH), 25 (6.4%) had PAH associated with CHD
- All events occurred among patients on 0.7 mg·kg⁻¹ dose of sotatercept with a median exposure: 136 days
- 20 patients (5%): Seven patients (35.0%) developed new-onset effusions, while 13 (65.0%) developed worsening of an existing pericardial effusion The cumulative incidence was 9,8% in PAH-CTD and 3,9% IPAH
- Pericardial effusions were associated with improvement in haemodynamics and/or right heart function, as opposed to the progression of cardiopulmonary vascular disease
- 11 patients (48%) required intervention either by pericardiocentesis or by the creation of a pericardial window.



Eur Respir J 2024. DOI: 10.1183/13993003.01325-2024[]].

EUROPEAN RESPIRATORY JOURNAL
EDITORIAL
M.M. HOEPER

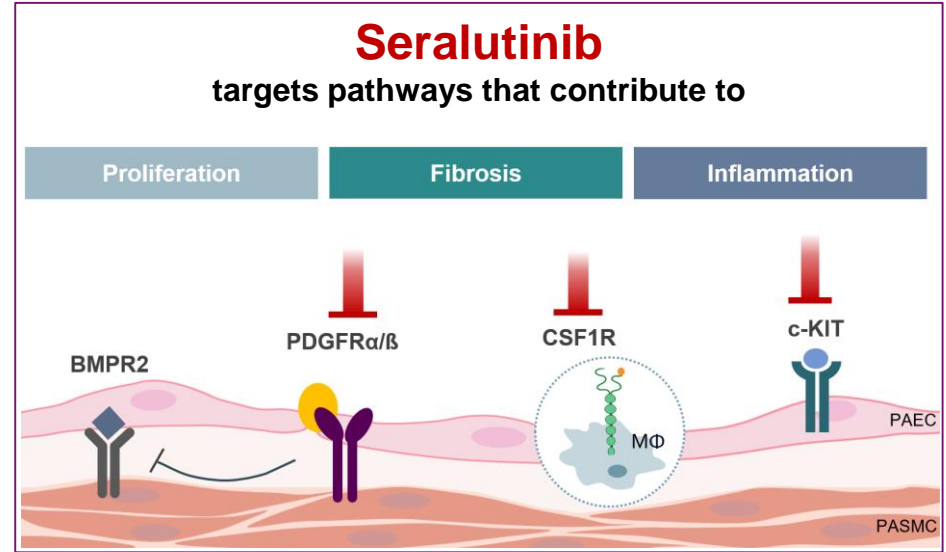
Sotatercept in pulmonary arterial hypertension: revolution, risk and the road ahead



Eur Respir J 2025; 66: 2501633

Seralutinib inhibits key drivers of PH pathophysiology

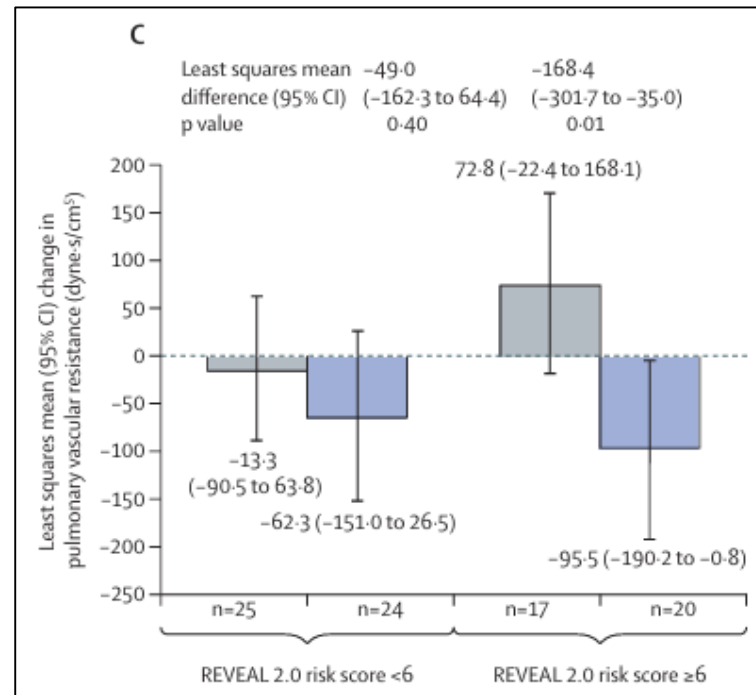
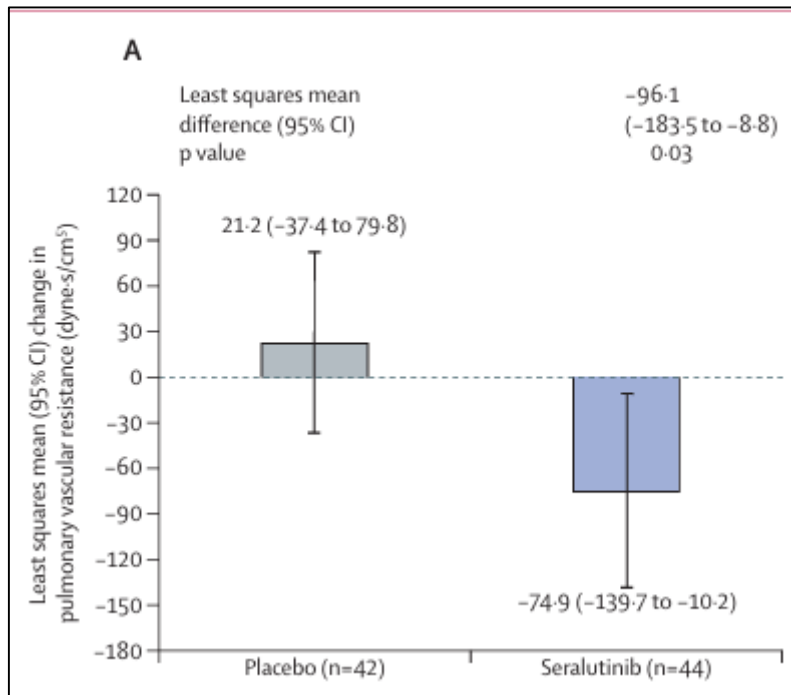
- Proliferation, inflammation, and fibrosis play critical, interconnected, roles in vascular remodeling in PAH
- Seralutinib potently and selectively inhibits PDGFR α/β , CSF1R, and c-KIT kinases, key pathogenic drivers of PAH progression
- By inhibiting PDGFR signaling, seralutinib restores BMPR2 expression
- Seralutinib is an inhaled, novel, TKI designed to normalize vascular remodeling



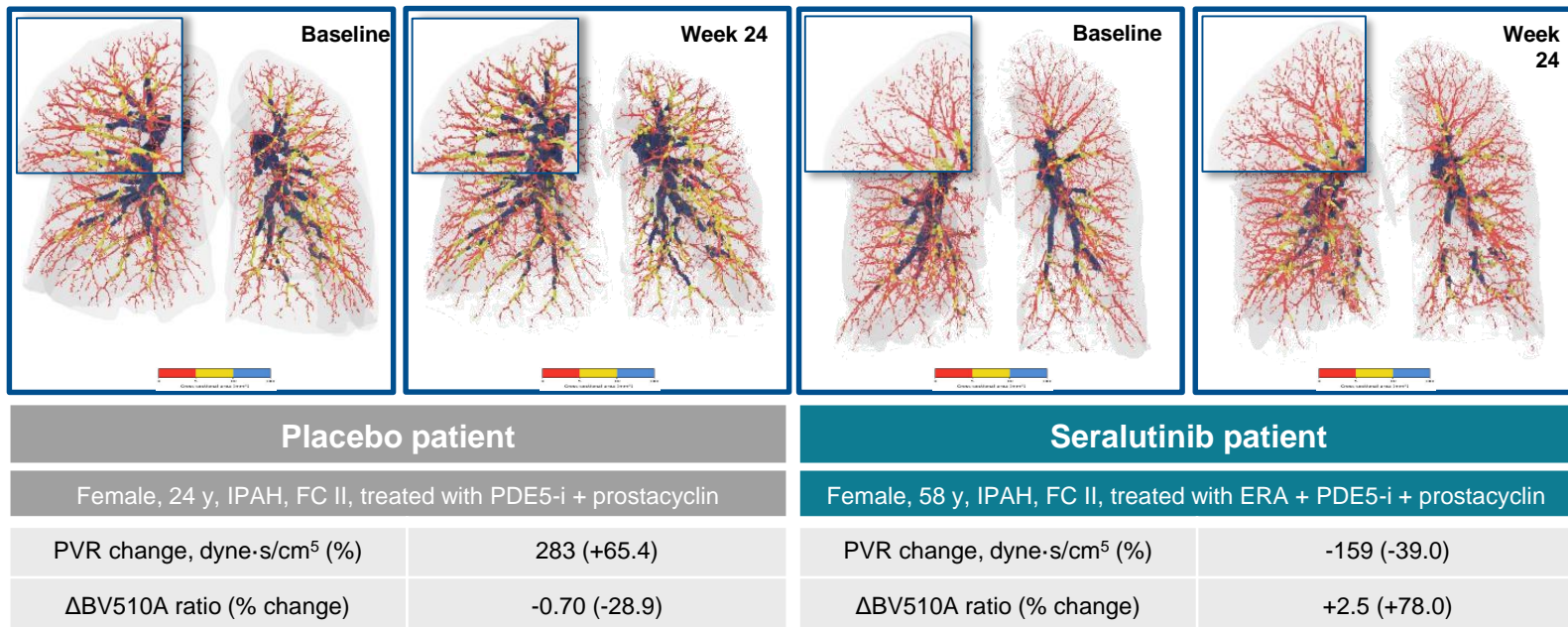
BMPR2, bone morphogenetic protein receptor type 2; c-KIT, mast/stem cell growth factor; CSF1(R), colony stimulating factor 1 (receptor); MΦ, macrophage; PAEC, pulmonary artery endothelial cell; P(A)H, pulmonary (arterial) hypertension; PASMC, pulmonary artery smooth muscle cell; PDGF(R), platelet-derived growth factor (receptor); TKI, tyrosine kinase inhibitor.
1 Schermuly RT, et al. *J Clin Invest*. 2005;115(10):2811-2821. 2 Antoniu SA. *Expert Opin Ther Targets*. 2012;16(11):1055-1063. 3 Hoepfer MM, et al. *Circulation*. 2013;127(10):1128-1138. 4 Galkin A, et al. *Eur Respir J*. 2022;6(6)0:2102356.

Seralutinib in adults with pulmonary arterial hypertension (TORREY): a randomised, double-blind, placebo-controlled phase 2 trial

Robert P Frantz, Vallerie V McLaughlin, Sandeep Sahay, Pilar Escribano Subías, Ronald L Zolty, Raymond L Benza, Richard N Channick, Kelly M Chin, Anna R Hemnes, Luke S Howard, Olivier Sitbon, Jean-Luc Vachiéry, Roham T Zamanian, Matt Cravets, Robert F Rociigno, David Mottola, Robin Osterhout, Jean-Marie Bruey, Erin Elman, Cindy-ann Tompkins, Ed Parsley, Richard Aranda, Lawrence S Zisman, Hossein-Ardeschir Ghofrani, on behalf of the TORREY Study Investigators*

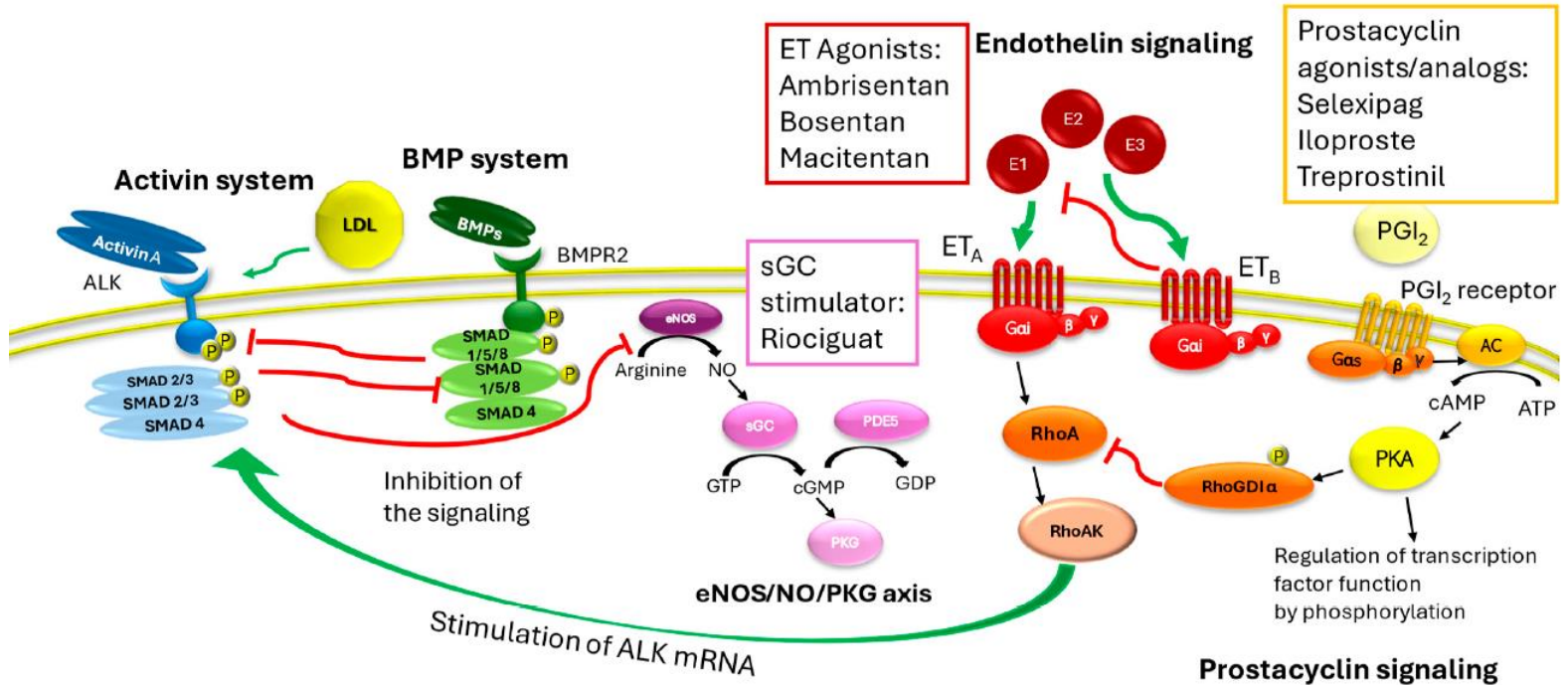


Changes in the pulmonary vasculature after 24 weeks of seralutinib treatment are suggestive of a reverse remodeling effect



The images shown are representative examples. The highlighted sections were chosen to illustrate changes in the pulmonary vasculature.

Crosstalk Between the Activin System and Other Signaling



Symptom free

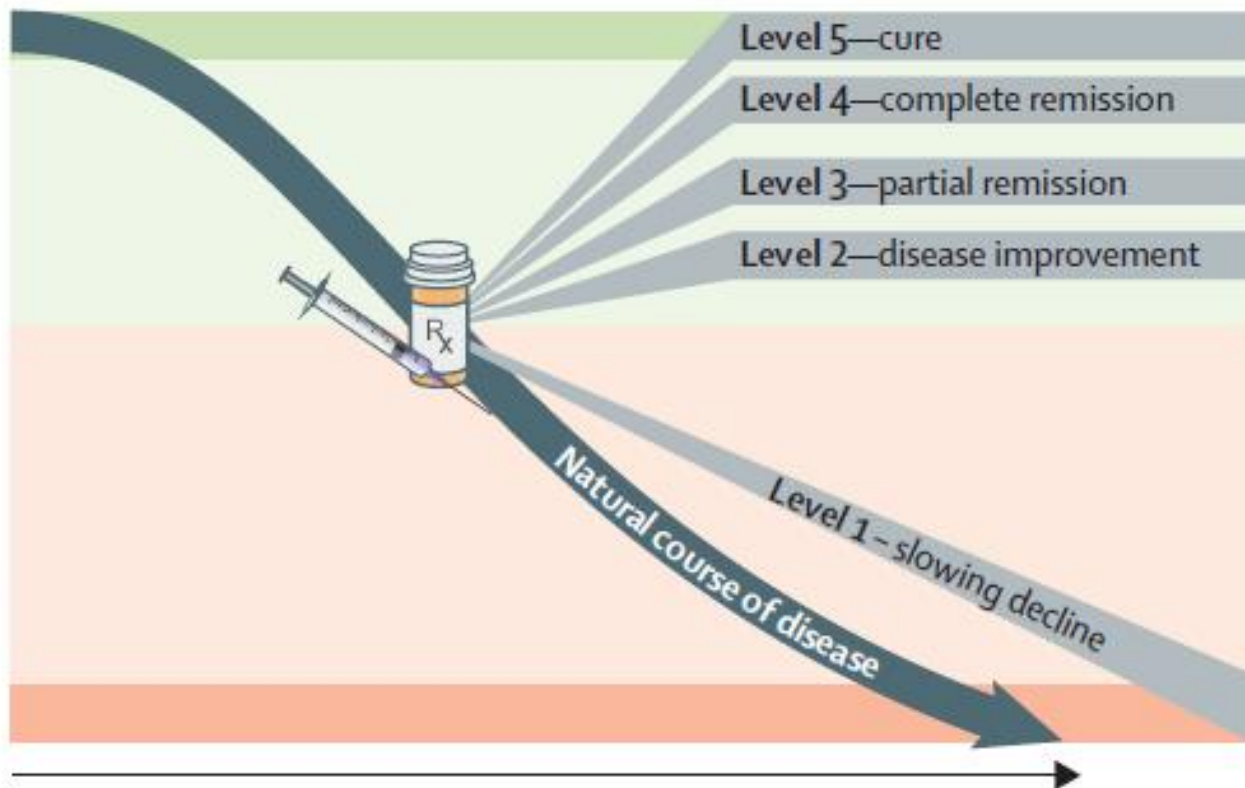
Symptoms

Wellness

Symptoms

Disability

Demise



Level 5—cure

Level 4—complete remission

Level 3—partial remission

Level 2—disease improvement

Natural course of disease

Level 1—slowing decline

Cure

Remission

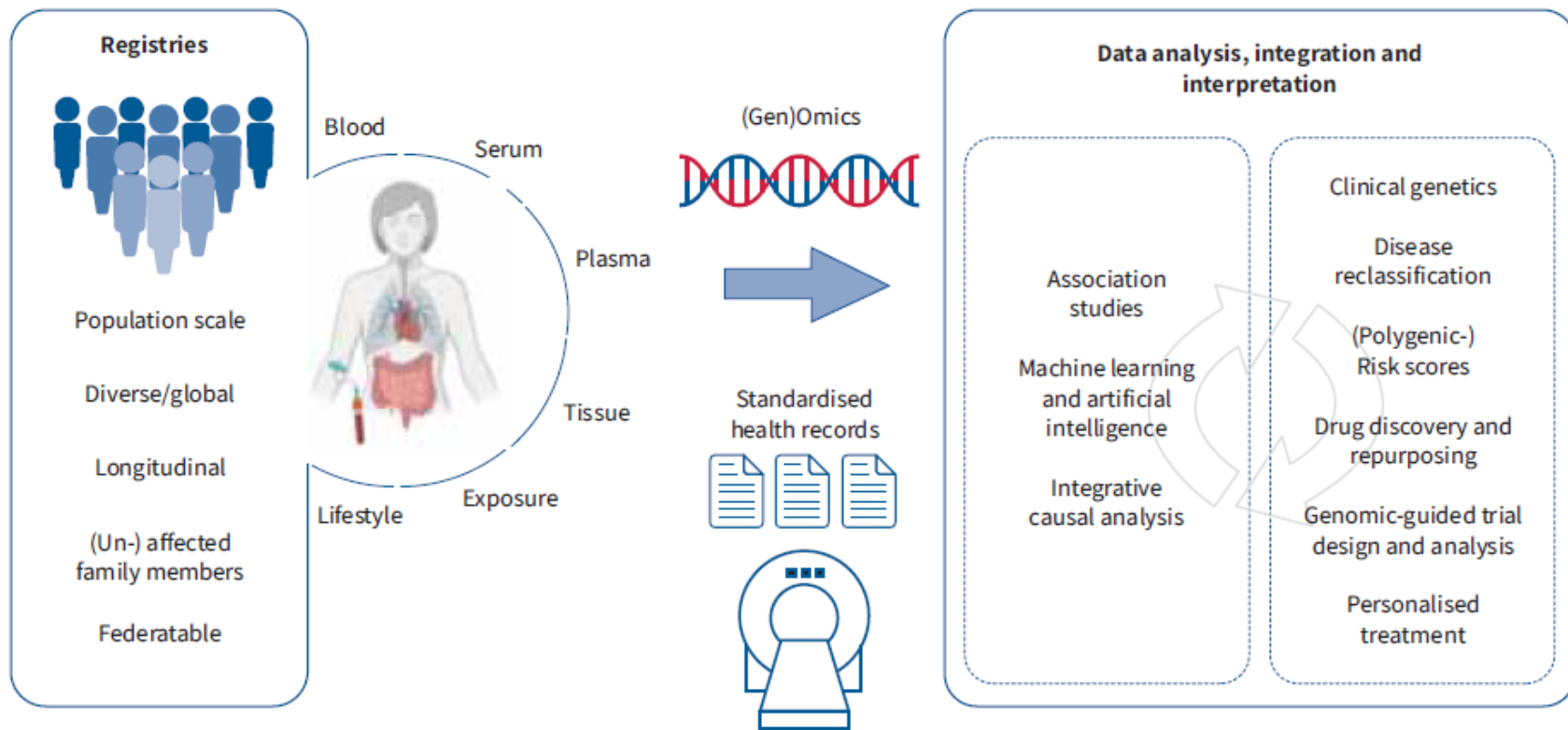
Disability

Demise

Symptomatic

Time

Medicina de precisión en la HAP





René Magritte. El falso Espejo

<https://historia-arte.com/obras/el-falso-espejo>