



# *Telemedicine in home mechanical ventilation: where are we?*

Marieke Duiverman



# Conflict of interest disclosure

I have the following real or perceived conflicts of interest that relate to this presentation:

---

**Affiliation / Financial interest****Commercial Company**

Grants/research support:

RESMED LtD, Philips BV, Vivisol BV, Fisher & Paykel LtD, Löwenstein

Honoraria or consultation fees:

Participation in a company sponsored bureau:

Stock shareholder:

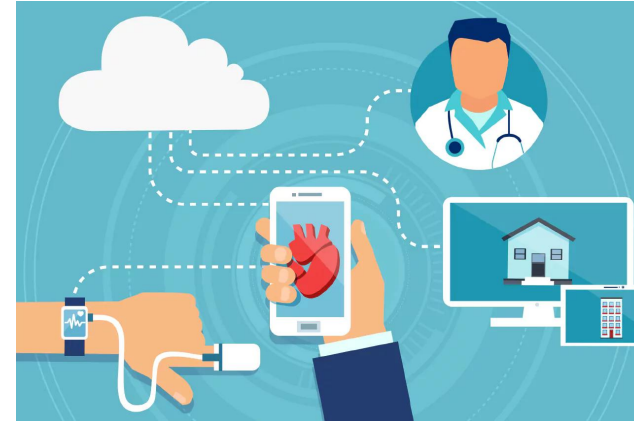
Spouse / partner:

Other support / potential conflict of interest:

---

# Why use telemedicine?

- Because it is the future?
- Because it is possible?
- Because it improves outcomes?
- Because makes care more efficient and cost-effective?
- Because patients prefer?
- .....



# Because it is the future?

What does the future of health look like in 50 years?



*Value-based high-quality healthcare which is affordable, sustainable, accessible and personal for everyone*

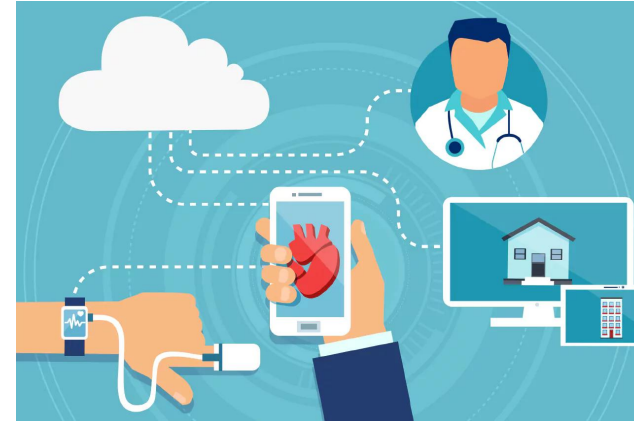
AI and machine learning

Personalised medicine (shared decision making)

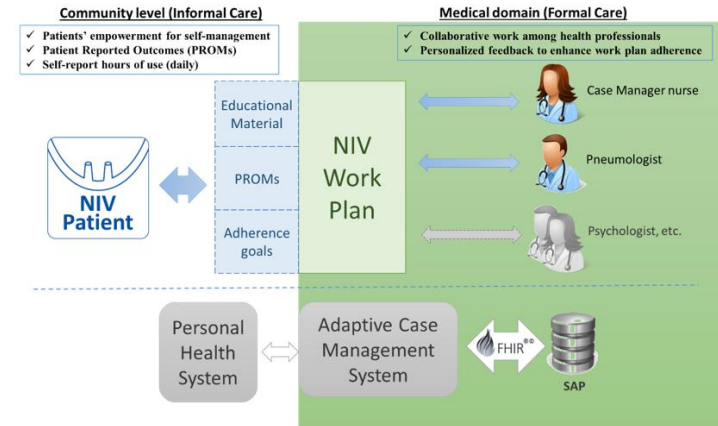
Wearables

# Why use telemedicine?

- Because it is the future?
- Because it is possible?
- Because it improves outcomes?
- Because makes care more efficient and cost-effective?
- Because patients prefer?
- .....



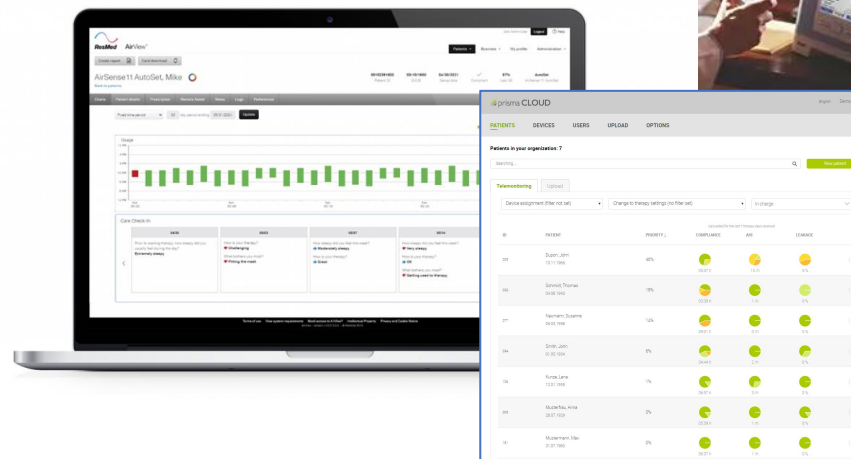
# Because it is possible? Examples of telemedicine solutions in HMV



```

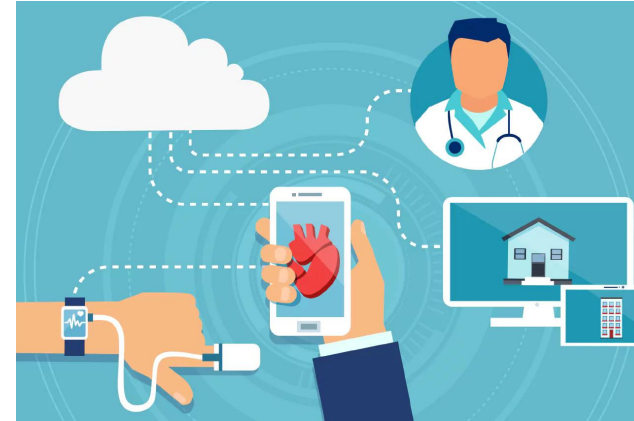
click(function() { for (var a = p(
prog").a(), c = 0; c < a.length; c++) {
for (c = 0; c < a.length; c++) { b
).a(a); function(a); }); $("
" + use").a(); if (0 == a.length)
c = 0; c < a.length; c++) { 0 = n(a[c], b) && b.push(a[c]); } n
b() { for (var a = $("User_logged").a(), a = q(a), a = a.re
push(a); } c = []; c = 0; c < a.length; c++) { 0 =
function(a) { var a = 0, b = $("User_logged").a(), b = b.re
array(a), c && c.push(inp_array(a)), b = b.re
length; a
); a.reverse(); } c = n(b).length; a

```



# Why use telemedicine?

- Because it is the future?
- Because it is possible?
- Because it improves outcomes?
- Because makes care more efficient and cost-effective?
- Because patients prefer?
- .....



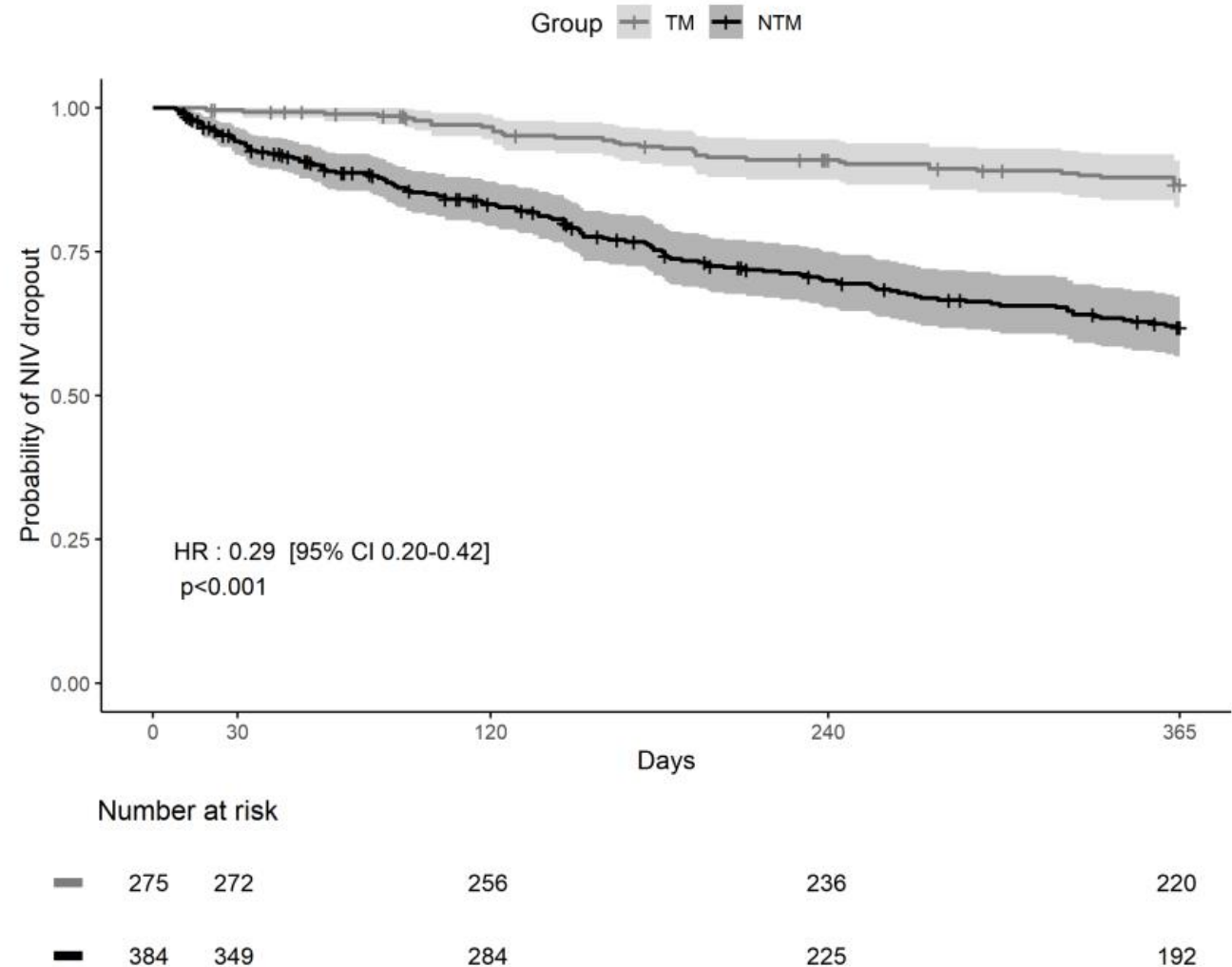
# Because it improves outcomes

## Telemedicine during follow-up improves adherence



### Effect of telemonitoring on the rate of dropout during home non-invasive ventilation: a retrospective study using a home care provider database


Raphael Le Mao <sup>1,2,3</sup> Christophe Gut Gobert,<sup>1,2</sup> Joelle B Texereau,<sup>4,5</sup> Frédérique Kremer,<sup>6</sup> Marion Goret,<sup>1,2</sup> Aurélie Chekroun Martinot,<sup>7</sup> Mathieu Rosé,<sup>7</sup> Wojciech Trzepizur,<sup>8,9</sup> Frédéric Gagnadoux <sup>8,9</sup>

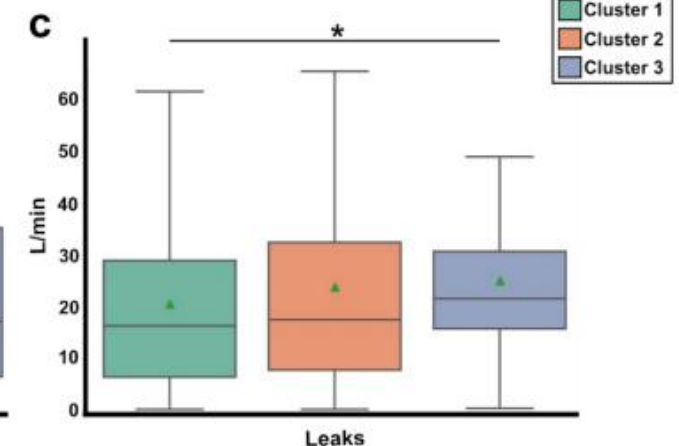
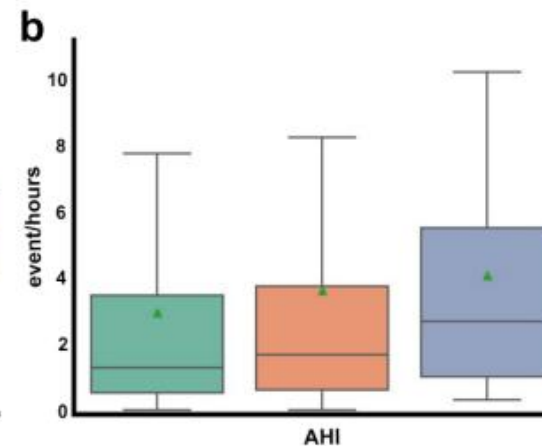
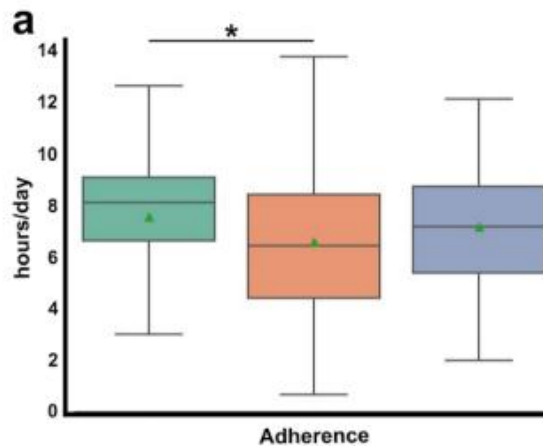
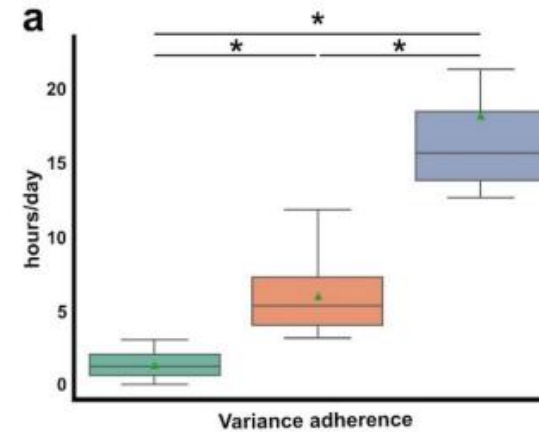


# Because it improves outcomes

It is useful to get detailed info about adherence (variance)

## Unravelling telemonitoring data to predict good NIV quality: the E-QualiNIV study

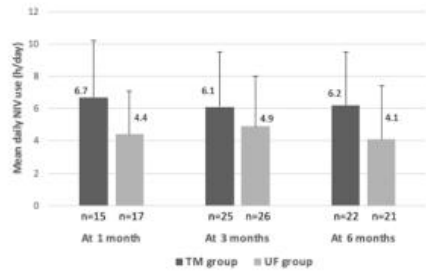
Arnaud Prigent <sup>1,2</sup> Clément Blanloeil,<sup>3</sup> Dany Jaffuel,<sup>4,5</sup> Frederic Gagnadoux,<sup>6,7</sup>  
Léo Grassion <sup>8,9</sup>



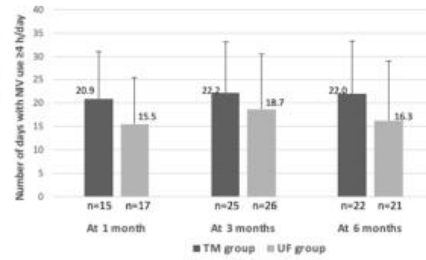
# Because it improves outcomes

## Telemedicine during follow-up results in better therapy

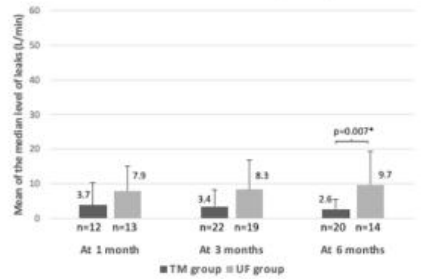
**A. NIV use (h/day)**



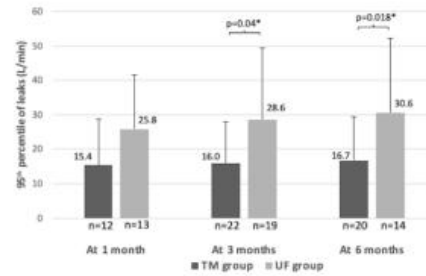
**B. Number of days with NIV use  $\geq 4$  h/day**



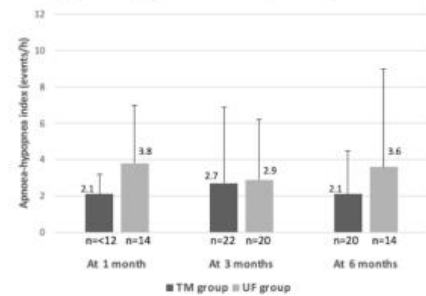
**C. Median non-intentional leaks (L/min)**



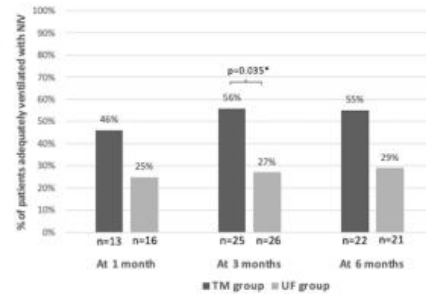
**D. 95<sup>th</sup> percentile non-intentional leaks (L/min)**



**E. Apnoea-hypopnoea index (events/h)**



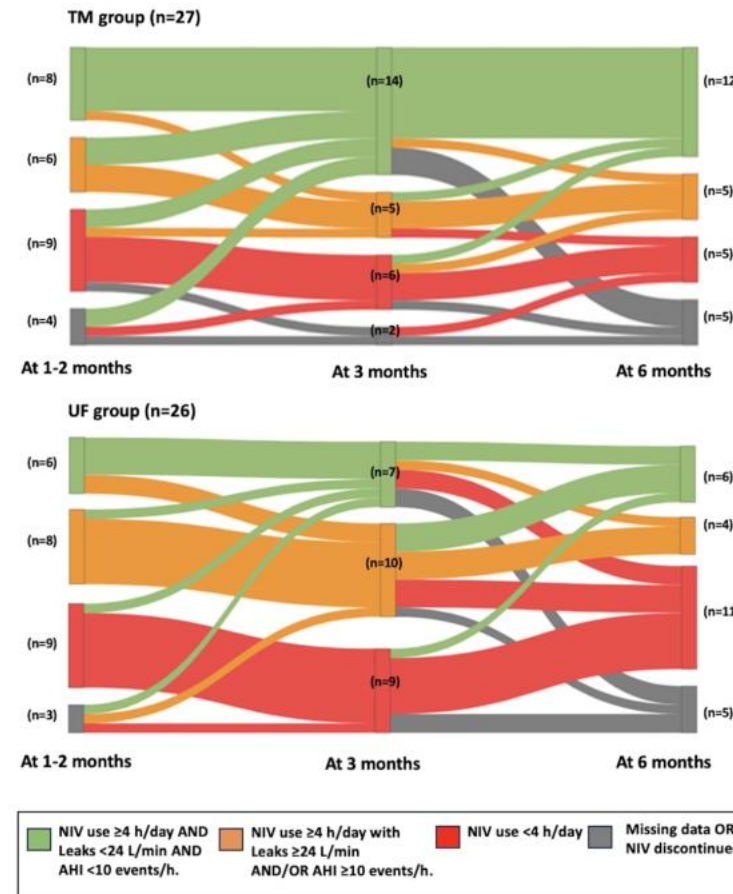
**F. Patients "successfully" ventilated**



ETAPES program

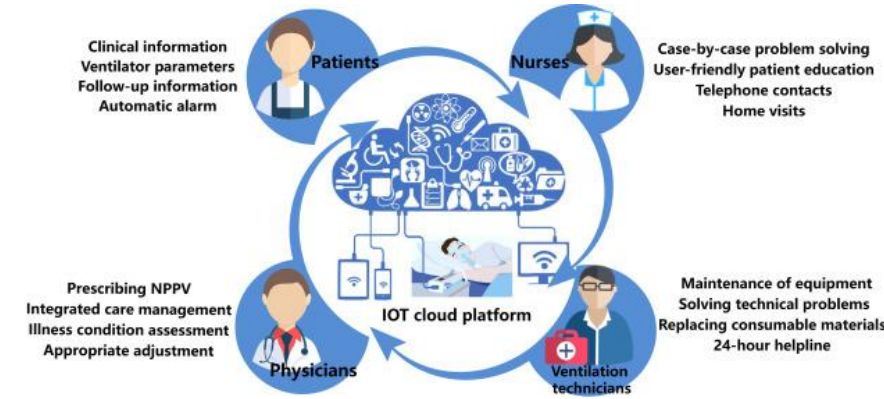
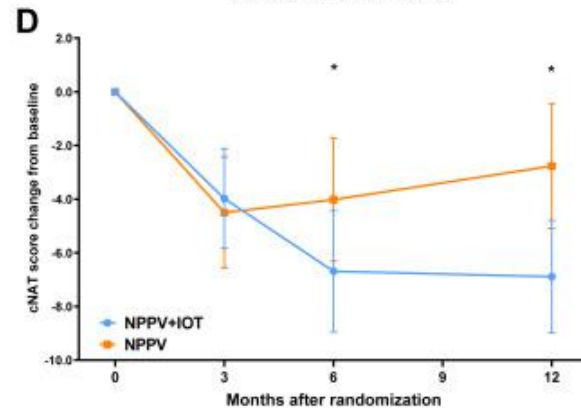
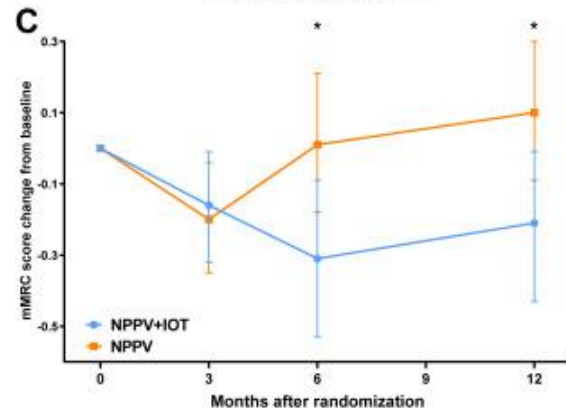
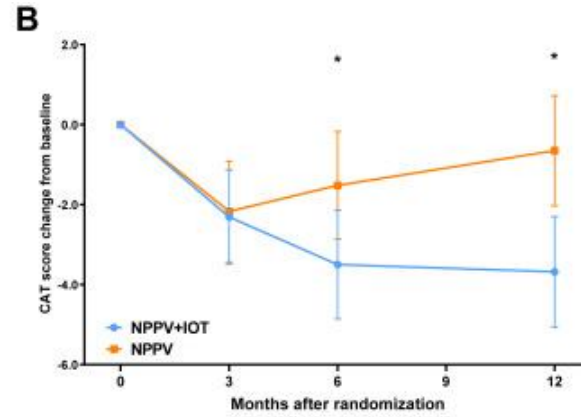
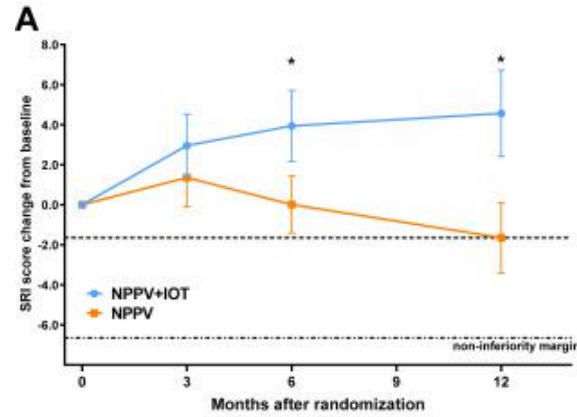
Alerts with  
use < 4 h,  
leak > 24 L/min,  
AHI  $\geq 10$   
over 7 day period

COPD: RR, use

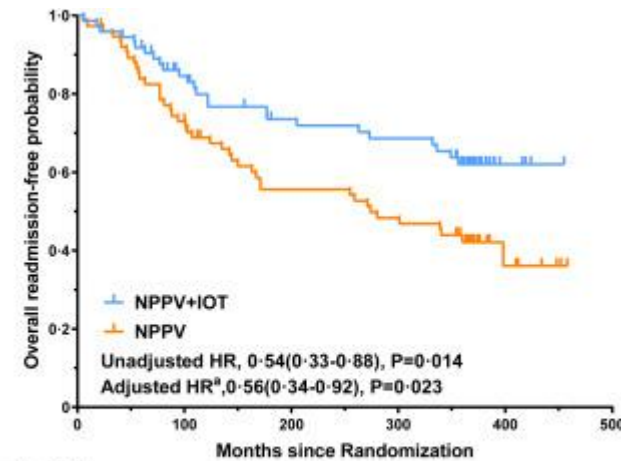


# Because it improves outcomes

## Telemedicine during follow-up improves HRQoL and reduces admissions



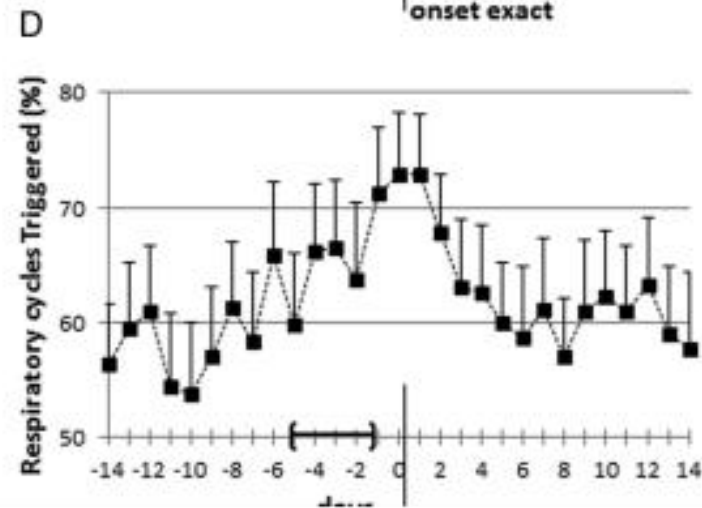
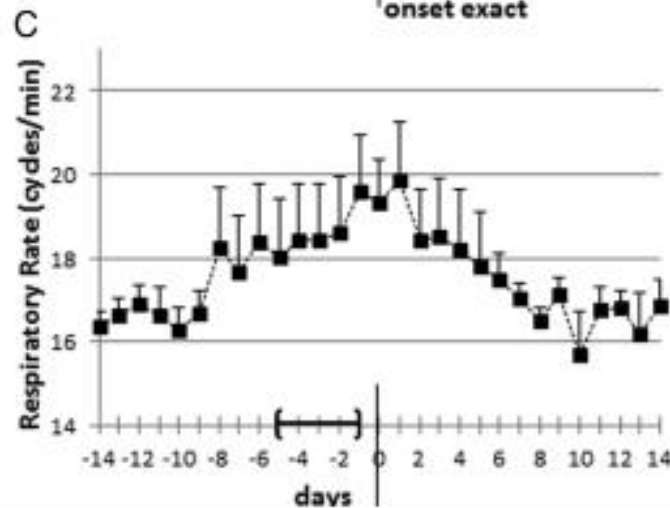
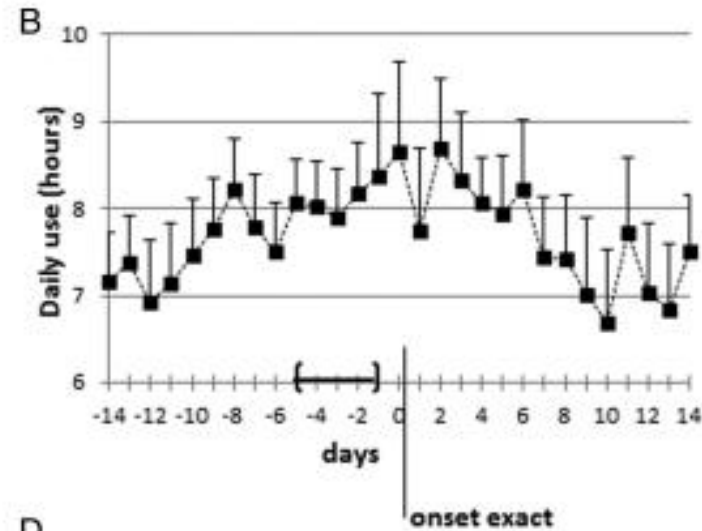
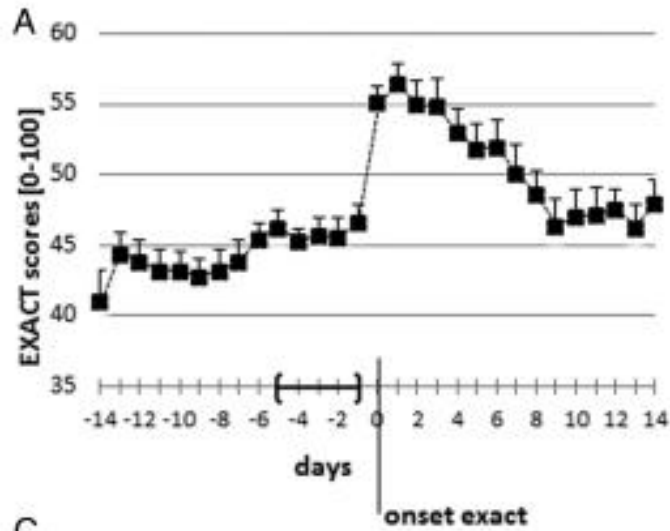
Adherence  
IPAP  
Vt  
Leak  
RR



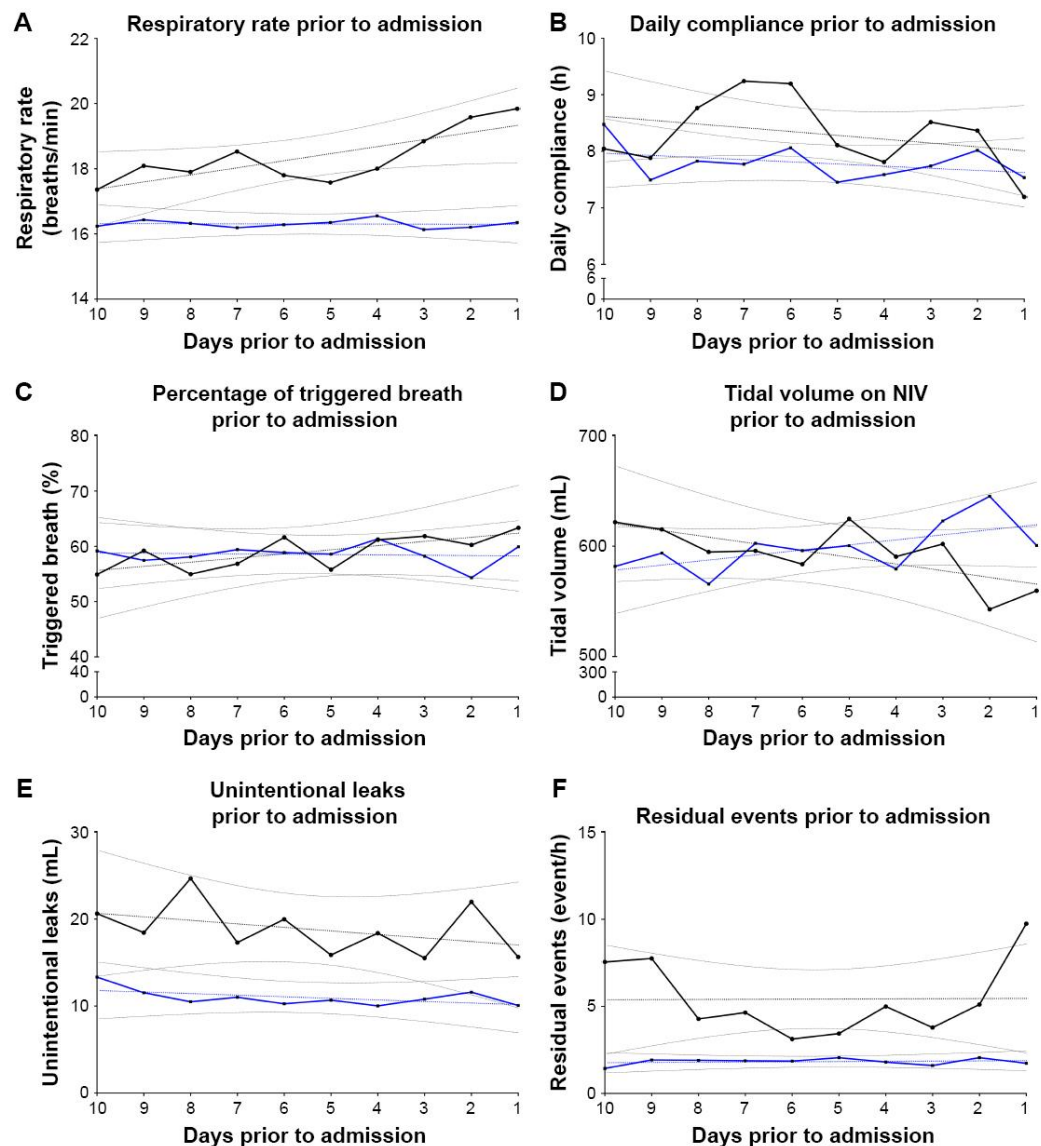
Number at risk

	0	100	200	300	400	500
NPPV+IOT	56	45	41	6		
NPPV	54	40	33	7		

because it improves outcomes:  
are we able to predict of deterioration from (single) ventilator data



# Prediction of deterioration from ventilator data



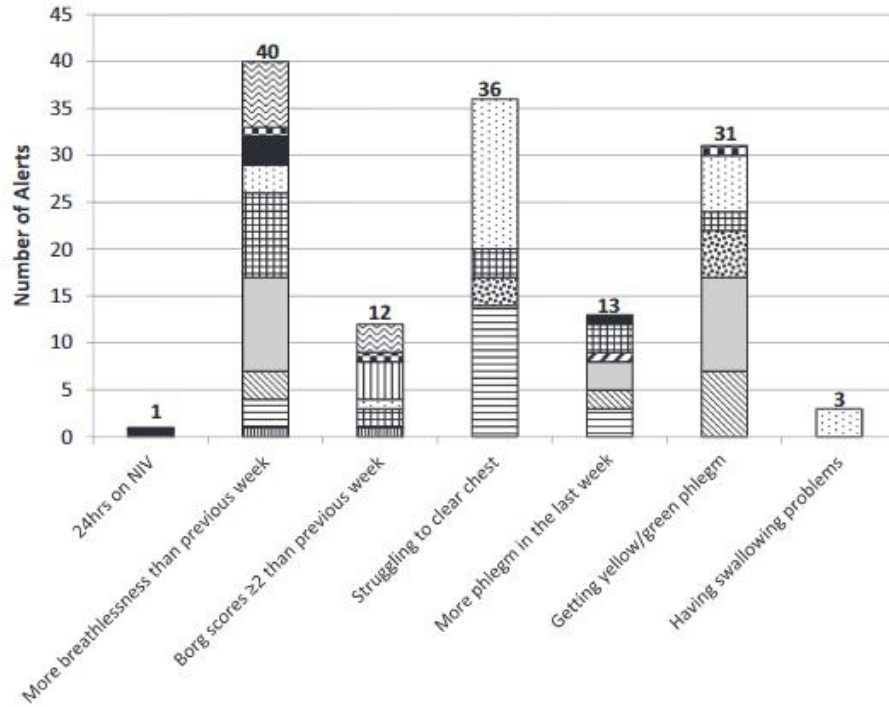
**Table 4** Performance of parameters recorded by ventilator to predict severe AECOPD

	Area under the curve (95% CI)	P-value	Cutoff value	Sensitivity	Specificity	PPV	NPV	Relative risk (95% CI)	P-value
<b>Respiratory rate</b>									
Method A	0.675 (0.518–0.833)	0.025	2 days	57.1	87.8	70.6	0.8	3.3 (1.8–6.8)	<0.001
Method B	0.694 (0.550–0.838)	0.013	2 days	57.1	80.5	60.0	78.6	2.8 (1.4–5.5)	0.004
Method C	0.67 (0.523–0.816)	0.03	3 days	57.1	61.0	42.3	73.5	1.6 (0.8–3.3)	0.191
Method D	0.689 (0.538–0.840)	0.015	SD: 1.53	61.9	75.6	56.5	79.5	2.8 (1.3–5.6)	0.006
<b>Daily use</b>									
Method A	0.537 (0.392–0.682)	0.634							
Method B	0.605 (0.468–0.742)	0.178							
Method C	0.729 (0.59–0.867)	0.003	6 days	61.9	80.5	61.9	80.5	3.2 (1.6–6.4)	0.002
Method D	0.703 (0.565–0.841)	0.009	SD: 1.065	81.0	63.4	53.1	86.7	4.0 (1.5–10.5)	0.001
<b>Percentage of triggered breath</b>									
Method A	0.578 (0.419–0.737)	0.319							
Method B	0.629 (0.490–0.768)	0.099							
Method C	0.51 (0.361–0.66)	0.894							
Method D	0.58 (0.423–0.736)	0.308							
<b>Tidal volume</b>									
Method A	0.537 (0.392–0.682)	0.634							
Method B	0.663 (0.514–0.812)	0.037	2 days	66.7	56.1	43.8	76.7	1.9 (0.9–4.0)	0.112
Method C	0.646 (0.496–0.796)	0.062							
Method D	0.525 (0.380–0.670)	0.749							
<b>Leaks</b>									
Method A	0.505 (0.350–0.66)	0.953							
Method B	0.549 (0.400–0.699)	0.527							
Method C	0.551 (0.396–0.707)	0.513							
Method D	0.523 (0.368–0.679)	0.766							
<b>Residual events</b>									
Method A	0.671 (0.525–0.817)	0.029	3 days	47.6	82.9	58.8	75.6	2.4 (1.3–4.6)	0.016
Method B	0.623 (0.469–0.777)	0.115							
Method C	0.524 (0.374–0.675)	0.755							
Method D	0.531 (0.366–0.696)	0.693							
<b>Overnight breaks</b>									
Method A	0.574 (0.422–0.726)	0.345							
Method B	0.614 (0.466–0.763)	0.143							
Method C	0.517 (0.362–0.671)	0.829							
Method D	0.492 (0.337–0.648)	0.923							

Abbreviations: AECOPD, acute exacerbation of COPD; NPV, negative predictive value; PPV, positive predictive value; SD, standard deviation.

Sensitivity not very high and calculation requires days

# Prediction of deterioration from symptoms?



61 interventions (10 patients outside regular care)  
Only 6 interventions were triggered by suboptimal overnight oximetry readings

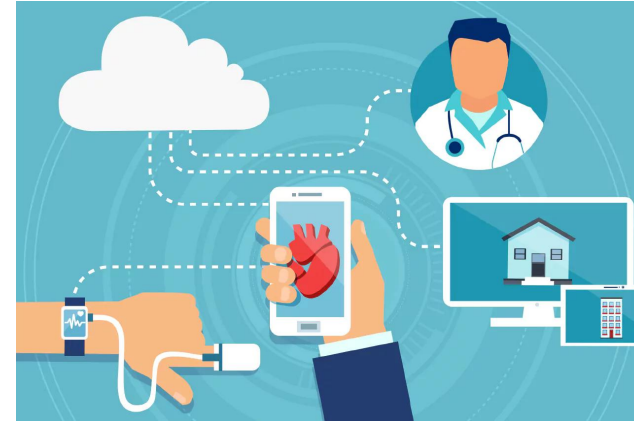
13 patients, 24 –weeks  
5.7 (2-10) notifications per week

Table 5. Intervention category during 24-week trial.

Intervention category	Intervention details	Number of interventions (number of participants)
Arranging a new appointment (n = 12)	Outpatient appointment	2 (2)
	Home visit	7 (7)
	Elective admission	3 (3)
Treatment adjustment (n = 16)	NIV adjustment (IPAP increase)	11 (8)
	Cough assistor adjustment	5 (3)
Equipment provision (n = 19)	Accessories e.g. masks	13 (9)
	Second NIV or exchange NIV	4 (3)
	New cough assistor	1 (1)
	Humidifier	1 (1)
Referral (n = 14)	Advice from another professionals	13 (7)
	GP review advised	1 (1)

# Why use telemedicine?

- Because it is the future?
- Because it is possible?
- Because it improves outcomes?
- Because makes care more efficient and cost-effective?
- Because patients prefer?
- .....



# Because makes care more efficient

## Telemedicine during initiation

### Home initiation of chronic non-invasive ventilation in COPD patients with chronic hypercapnic respiratory failure: a randomised controlled trial

Marieke L Duiverman <sup>1,2</sup>, Judith M Vonk <sup>2,3</sup>, Gerrie Bladder <sup>1,2</sup>, Joost P van Melle <sup>4</sup>,  
 Jellie Nieuwenhuis <sup>1,2</sup>, Anda Hazenberg <sup>1,2</sup>, Huib A M Kerstjens <sup>1,2</sup>, Job F M van Boven <sup>2,5</sup>,  
 Peter J Wijkstra <sup>1,2</sup>



### Initiation of home mechanical ventilation at home: A randomised controlled trial of efficacy, feasibility and costs

A. Hazenberg <sup>a,b,\*</sup>, H.A.M. Kerstjens <sup>a,b</sup>, S.C.L. Prins <sup>c</sup>,  
 K.M. Vermeulen <sup>d</sup>, P.J. Wijkstra <sup>a,b</sup>

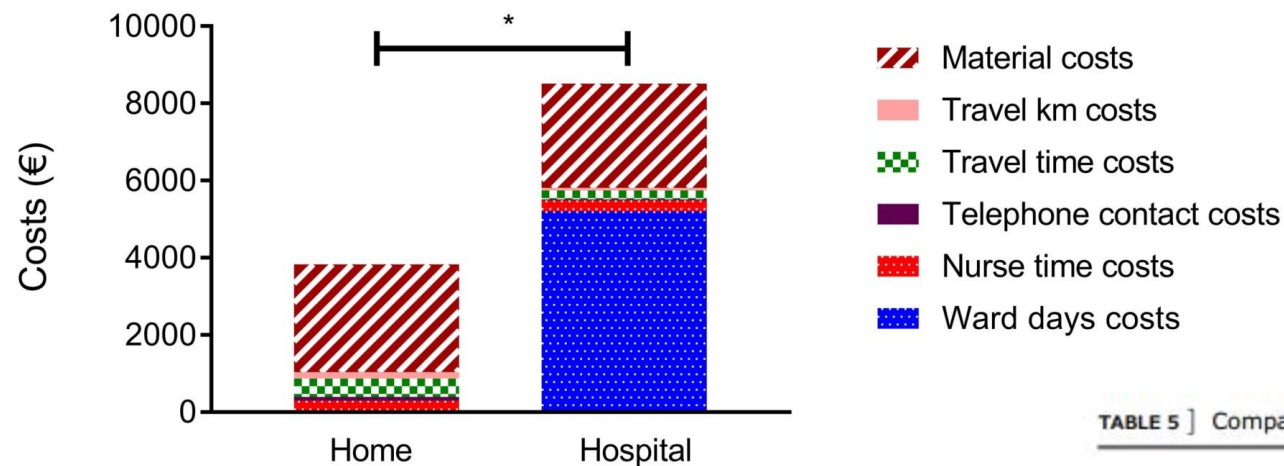
A Randomized Trial of Initiation of Chronic Noninvasive Mechanical Ventilation at Home vs In-Hospital in Patients With Neuromuscular Disease and Thoracic Cage Disorder  
 The Dutch Homerun Trial



	Adjusted mean difference in change in daytime PaCO <sub>2</sub>	95% CI
RECONSIDER_COPD	0.04 kPa	-0.31-0.38 kPa
HOMERUN_NMD/RTD/OHS	0.01 kPa	-0.36-0.38 kPa

# because it saves costs?

## Reduction in costs of home initiation vs. in-hospital



Cost saving  
~€3000 - €4000 per  
patient

TABLE 5 ] Comparison of Costs and Cost-Effectiveness Between the Home and Hospital Groups

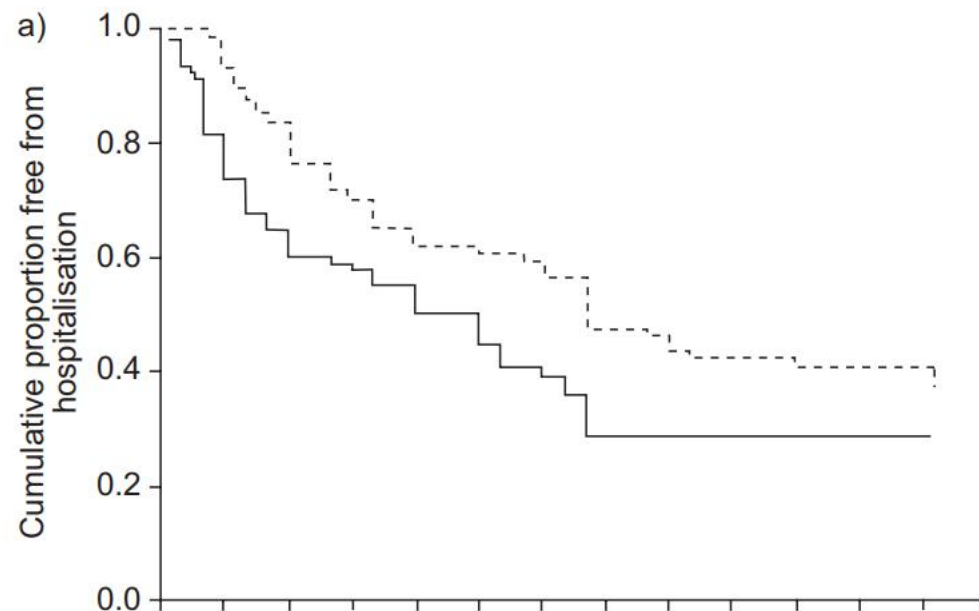
Parameter	Home Mean (SD)/Mean (95% CI Bootstrap)	Hospital Mean (SD)/Mean (95% CI Bootstrap)
QALY, 6 mo <sup>a</sup>	0.26 (0.16)	0.25 (0.15)
Direct medical costs		
Hospital admission	€0 (0-0) [\$0 (0-0)]	€3,045 (2,528-3,421) [\$3,609 (2,996-4,055)]
Nurses	€781 (663-921) [\$926 (786-1,092)]	€496 (404-578) [\$588 (479-685)]
General practitioner	€161 (107-218) [\$191 (127-258)]	€95 (67-120) [\$113 (79-142)]
Medical specialist	€296 (162-542) [\$351 (192-642)]	€354 (252-456) [\$420 (299-540)]
Miscellaneous caregivers	€77 (32-132) [\$91 (38-185)]	€28 (6-56) [\$33 (7-66)]
Indirect nonmedical costs		
Absenteeism	€185 (0-524) [\$219 (0-621)]	€707 (11-1,939) [\$838 (13-2,298)]
Total (social perspective)	€1,500 (1,166-1,970) [\$1,778 (1,382-2,335)]	€4,725 (3,716-5,731) [\$5,600 (4,404-6,792)]

QALY = quality-adjusted life-year.

<sup>a</sup>Max score is 0.5 because the study period was only 6 mo.

# Because it saves costs?

Telemedicine might reduce costs once it reduces admissions



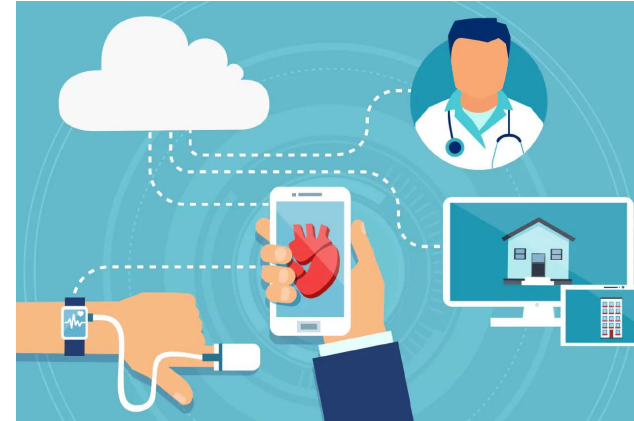
Cost-effectiveness and budget impact analyses are lacking

**TABLE 1** Costs for tele-assistance (TA) activation and healthcare service (HCS) costs

	Cost per unit €	Factor to multiply	All patients		COPD patients	
			TA €	Control €	TA €	Control €
<b>Telemedicine costs</b>						
Call centre costs <sup>#</sup>	20	Number of calls per patient	716 ± 504	0	821 ± 537	0
Pulsed saturimetric device <sup>†</sup>	127 per patient	1 for patient	127	0	127	0
Trend pulsed saturimetric device <sup>‡</sup>	187 per patient	1 for patient (when requested)	187	0	187	0
TA costs with pulsed saturimetric device						
Total			843 ± 504	0	948 ± 537	0
Monthly			86 ± 56		95 ± 61	
TA costs with trend pulsed saturimetric device						
Total			903 ± 504	0	1008 ± 537	0
Monthly			94 ± 61		104 ± 66	
<b>HCS costs</b>						
Hospitalisations in RW	4000 for admission	Number	4610 ± 5600	6588 ± 7669	5754 ± 6415	8727 ± 9221
ER admissions	62	Number	38 ± 84	57 ± 87	39 ± 63	80 ± 105
Hospitalisation in ICU <sup>§</sup>	According to DRG	Number	3998 ± 15114	7509 ± 22906	3842 ± 15082	15365 ± 31897
Outpatient visit	32	Number	4 ± 12	104 ± 39	6 ± 14	98 ± 41
Urgent GP visit	30	Number	20 ± 41	48 ± 80	23 ± 51	72 ± 110
Antibiotics use (12 days)	55	Number	86 ± 109	203 ± 184	108 ± 129	273 ± 196
Steroids use (14 days)	6	Number	3 ± 7	16 ± 18	5 ± 9	24 ± 21
Home nurse visits	20	Number	148 ± 328	178 ± 367	108 ± 282	82 ± 253
<b>Private costs</b>						
Transportation	0.23 per km	Distance km	0.8 ± 3	27 ± 25	1.2 ± 3.2	21 ± 7
<b>Total HCS costs</b>			<b>8907 ± 17580</b>	<b>14728 ± 28694</b>	<b>9886 ± 17534</b>	<b>24743 ± 39484</b>

# Why use telemedicine?

- Because it is the future?
- Because it is possible?
- Because it improves outcomes?
- Because makes care more efficient and cost-effective?
- Because patients prefer?
- .....



# Because patients prefer?

Patients are increasingly convinced of the benefits

## Attitudes and preferences of home mechanical ventilation users from four European countries: an ERS/ELF survey

Sarah Masefield<sup>1</sup>, Michele Vitacca<sup>2</sup>, Michael Dreher<sup>3</sup>, Michael Kampelmacher<sup>4</sup>, Joan Escarrabill<sup>5</sup>, Mara Paneroni<sup>2</sup>, Pippa Powell<sup>1</sup> and Nicolino Ambrosino<sup>6</sup>




Would you be happy for your health professional to monitor your ventilator remotely (telemonitoring) to make sure the settings are always correct and comfortable for you?

Yes	47%	62%
Maybe	30%	22%
No	23%	16%

### Focus group:

- being at home in a more trustworthy environment
- fewer hospital visits
- lower infection risks
- less travelling
- better remote communication with their physician
- easier access to physicians.
- More confidence
- Self-management

## Experience of telehealth in people with motor neurone disease using noninvasive ventilation

Hikari Ando<sup>a</sup> , Helen Ashcroft-Kelso<sup>b</sup>, Rob Halhead<sup>c</sup>, Biswajit Chakrabarti<sup>d</sup>, Carolyn A. Young<sup>e</sup> , Rosanna Cousins<sup>f</sup>  and Robert M. Angus<sup>d</sup>

### 5 themes:

- Benefits of timely intervention
- Reducing the unnecessary
- Increased self-awareness
- Taking initiative
- Technical challenges

(2a) I go to [hospital 1] every six months with [neurologist] and that [it] lasts for between 30 seconds and 2 minutes. He goes, "How are you? Yeah, yeah. Okay. See you then."

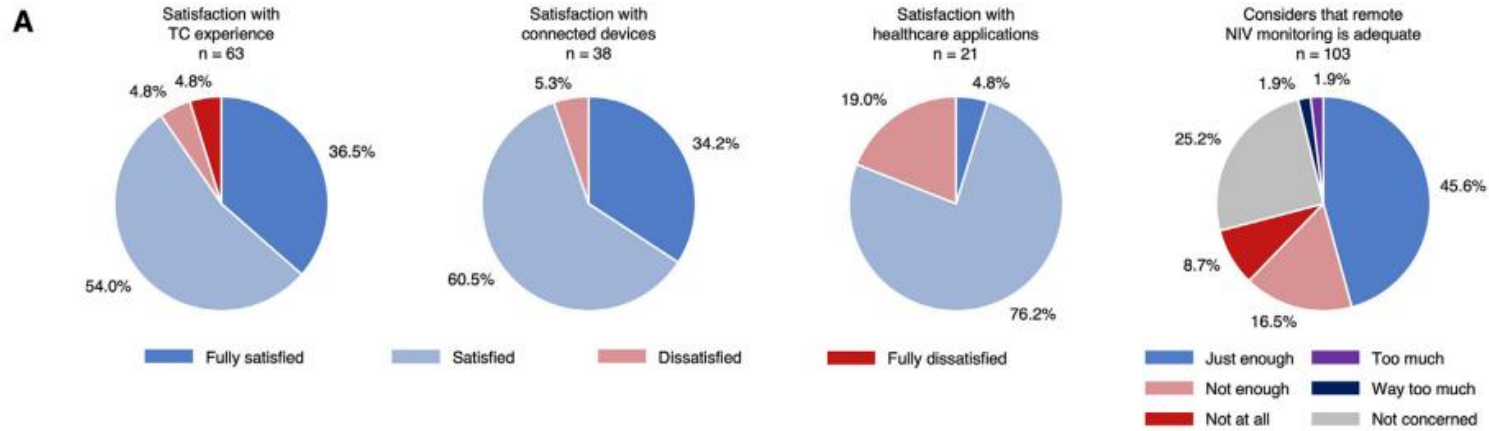
Masefield S. et al. *Respir Res.* dem0AcaGro un demisch;isch(dem):000Acaken-dem0AcaGro.

Ando H. et al. *J Rehabil Assist Technol.* dem0demAca

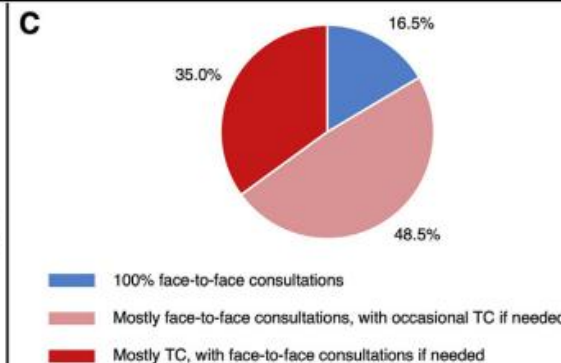
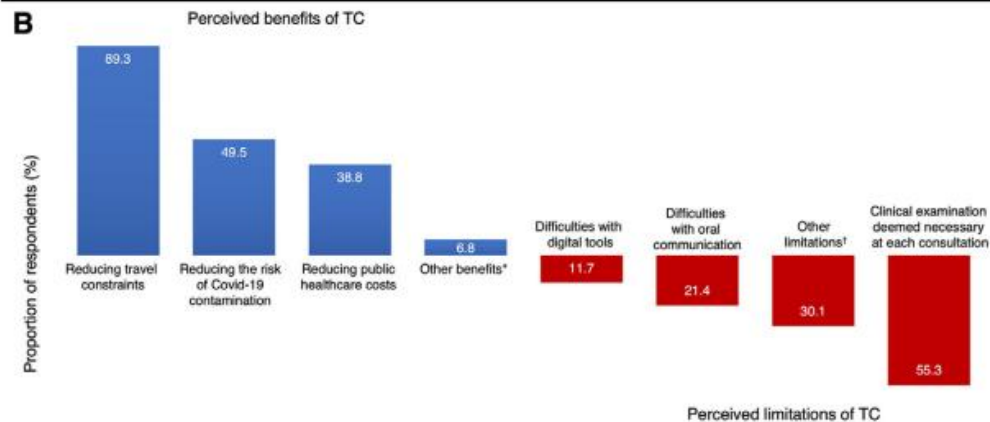
# Because patients prefer? Not only telemedicine

Tele-medicine experiences and expectations from patients with neuromuscular diseases treated with non-invasive ventilation

Sandrine Segovia-Kueny<sup>c,1</sup>, Mathieu Delorme<sup>c,e,f,1</sup>, Caroline Stalens<sup>c</sup>, Julie Lejeune<sup>c</sup>, Frédéric Lofaso<sup>a,d</sup>, Hélène Prigent<sup>a,b</sup>, Antoine Leotard<sup>a,b,#</sup>

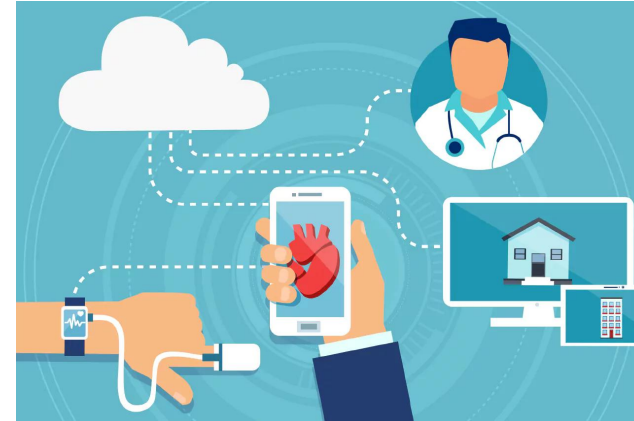


general population with perfect accuracy. Nevertheless, these results suggest that, rather than being systematic, TC should be considered as a situation-oriented tool that might avoid unnecessary face-to-face consultations and possibly reduce consultation delay. Although



# Why use telemedicine?

- Because it is the future?
- Because it is possible?
- Because it improves outcomes?
- Because makes care more efficient and cost-effective?
- Because patients prefer?
- .....



# Is Telemonitoring really needed?

## Initiation at the outpatient clinic; why (not)?



### Non-invasive home mechanical ventilation: Effectiveness and efficiency of an outpatient initiation protocol compared with the standard in-hospital model

Manel Luján, Amalia Moreno, Carmen Veigas, Concepción Montón,  
Xavier Pomares, Christian Domingo\*

- P:** 16, mainly NMD
- I:** multiple sessions of OP daytime titration
- C:** in-hospital
- O:** =PaCO<sub>2</sub> and adherence

### Improved survival with an ambulatory model of non-invasive ventilation implementation in motor neuron disease

Nicole Sheers, David J. Berlowitz, Linda Rautela, Ian Batchelder, Kim  
Hopkinson & Mark E. Howard

- P:** 12 vs. 17 MND patients
- I:** Day model (4 hours session)
- C:** prior to day model
- O:** =PaCO<sub>2</sub>, ↓waiting time, better prognosis

Saves hospital days

Seems to be suitable for  
less complex patients only

Daytime ventilation

No supervision during sleep

Still frequent travels for  
disabled patients

### Randomised trial of inpatient versus outpatient initiation of home mechanical ventilation in patients with nocturnal hypoventilation

Michelle Chatwin\*, Annabel H. Nickol, Mary J. Morrell,  
Michael I. Polkey, Anita K. Simonds

- P:** 28, mainly slowly progr. NMD
- I:** OP daytime titration (1-3 sessions)
- O:** =PaCO<sub>2</sub> and adherence (~4 h)

### Home-Based Adaptation to Night-Time Non-Invasive Ventilation in Patients with Amyotrophic Lateral Sclerosis A Randomized Controlled Trial

Eleonora Volpato<sup>1,2,\*</sup>, Michele Vitacca<sup>3</sup>, Luciana Ptacinsky<sup>1</sup>, Agata Lax<sup>1</sup>, Salvatore D'Ascenzo<sup>1</sup>,  
Enrica Bertella<sup>3</sup>, Mara Paneroni<sup>3</sup>, Silvia Grilli<sup>1</sup> and Paolo Banfi<sup>1</sup>

- P:** 58 ALS patients
- I:** Home daytime titration (8 sessions)
- C:** OP daytime titration
- O:** =PaCO<sub>2</sub> and adherence; SF-36 better

### Patients experience regarding home mechanical ventilation in an outpatient setting





Carla Ribeiro<sup>1</sup>, Cristina Jácome<sup>2</sup>, Pedro Oliveira<sup>3</sup>, Sara Conde<sup>1</sup>, Wolfram Windisch<sup>4</sup>, and  
Rui Nunes<sup>5</sup>

# Is it really needed?

## Home initiation without telemonitoring: Why (not)?



### Cost-effectiveness of outpatient versus inpatient non-invasive ventilation setup in obesity hypoventilation syndrome: the OPIP trial

Patrick Brian Murphy <sup>1,2</sup> Maxime Patout <sup>3,4</sup> Gill Arbane,<sup>1</sup> Swapna Mandal,<sup>5</sup> Georgios Kaltsakas,<sup>1,2</sup> Michael I Polkey <sup>6</sup> Mark Elliott,<sup>7</sup> Jean-François Muir,<sup>8,9</sup> Abdel Douiri,<sup>10</sup> David Parkin <sup>11</sup> Jean-Paul Janssens,<sup>12</sup> Jean Louis Pépin <sup>13,14</sup> Antoine Cuvelier,<sup>15</sup> Clare Flach,<sup>10</sup> Nicholas Hart<sup>1,2</sup>

	UK		France	
	Difference (outpatient–inpatient) (n=47)	95% CI*	Difference (outpatient–inpatient) (n=28)	95% CI*
Fixed costs (£)	–209.82		360.46	
OHS healthcare utilisation costs	93.04	–160.87 to 346.96	317.32	55.95 to 578.69
Non-OHS healthcare utilisation costs	0.38	–92.38 to 93.14	22.40	–13.36 to 58.17
Total costs (£)	–116.40	–393.82 to 161.02	700.18	435.85 to 964.51
Seemingly unrelated regression	Difference (n=45)	95% CI†	Difference (n=28)	95% CI†
Total costs (£)	–140.64	–400.09 to 118.81	700.18	449.04 to 951.32
QALM	0.24	–0.34 to 0.81	–0.57	–1.50 to 0.37
SRI summary score‡	–1.37	–11.29 to 8.55	–1.49	–10.96 to 7.97

Of importance is that the **outpatient arm required more healthcare contacts** (outpatient hospital visits, telephone calls, hospital stays and emergency home visits) and **more frequent modification of ventilator settings** (ventilator setting changes post initial NIV setup: inpatient 56% vs outpatient 62%).

# Telemedicine in home mechanical ventilation

## Visual summary of a clinical practice guideline

Eight evidence-based recommendations about remote health service delivery (telemedicine) in home mechanical ventilation

PICO questions

Narrative questions

**2**

Chronic obstructive pulmonary disease

Initiation of long term home mechanical ventilation with or without telemedicine

Conditional in favor of telemedicine

Certainty of evidence: Very low

**1**

Neuromuscular disease  
Restrictive thoracic disease

Initiation of long term home mechanical ventilation with or without telemedicine

Conditional in favor of telemedicine

Certainty of evidence: Very low

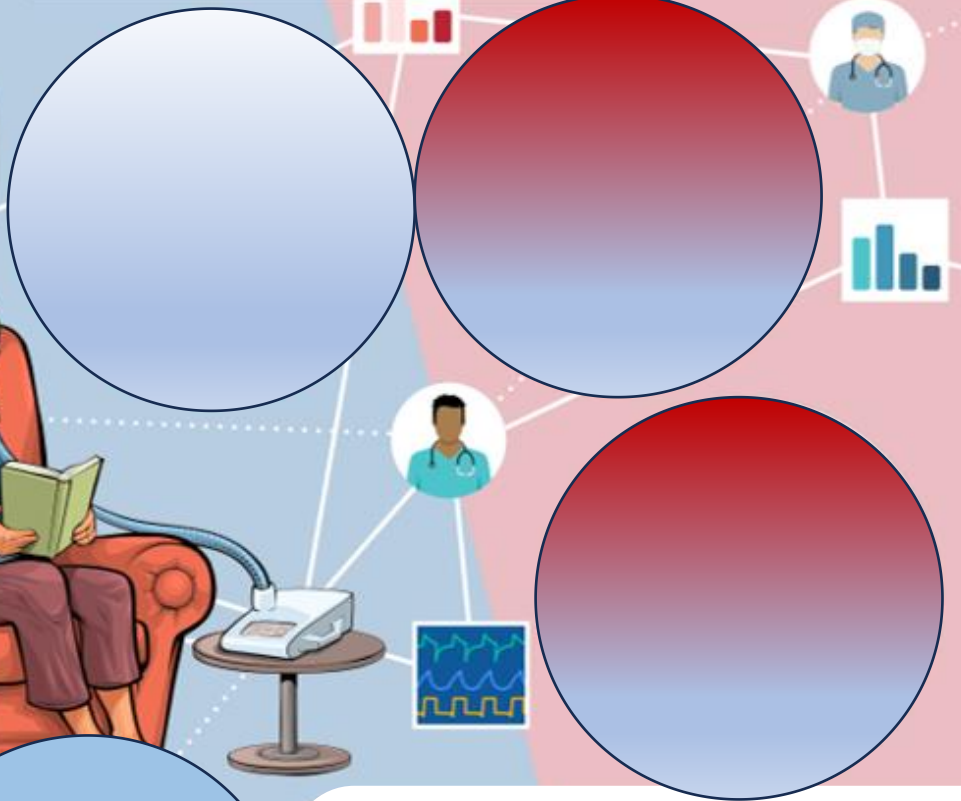
**3**

Obesity hypoventilation syndrome

Initiation of home mechanical ventilation with or without telemedicine

Unable to recommend for or against

Certainty of evidence: None



A 2024 design by Will Stahl-Timmins

Read the full guideline: <http://bit.ly/link-goes-here>

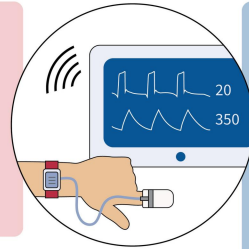
European Respiratory Society Clinical Practice Guideline on Telemedicine in Home Mechanical Ventilation

- Marieke L. Duiverman, Carla Ribeiro, Thommy Tonja, Anda Hazenbergh, Sien van Meerloo, Hans van Meerloo, Stefanie Werther, Christopher Schöbel, Aylin Özsancaak Uğurlu, Jean-Christian Borel, Christina Jacome, Maxime Patout, Karen Ward, Claire Williams, Begum Ergun, Chris Carlin, Patrick Murphy, Raffaella Dellaçca, Michele Vitacca, Claudia Crimi

## BARRIERS

## FACILITATORS

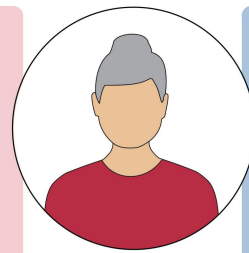
Requirement for a fixed telephone line  
 Communication issues (video/audio lag)  
 Data extraction speed  
 Manual data transmission  
 Insufficient interoperability between e-health solutions



TECHNOLOGY

Increased access  
 Opportunities for rural areas  
 User-friendly devices and platforms  
 Improved audio and video quality  
 No increase in internet costs  
 Compatibility between monitoring devices and telemonitoring platforms

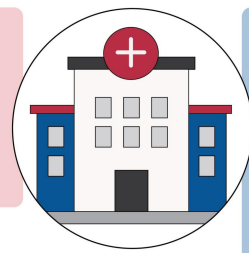
Patient costs (electricity)  
 Limited access to broadband internet  
 Patient's physical limitations  
 Patient's decreased working memory  
 Low socioeconomic status  
 Low digital literacy  
 Regional disparities in accessing ICT services  
 Economic disadvantages



PATIENT

Enhanced self-awareness  
 Access to urgent calls  
 Improved adherence and duration for NIV  
 Active engagement in care  
 Reduced travel distance  
 Decreased visits to specialty physicians  
 Decreased hospitalizations  
 Flexibility in therapy adjustments  
 Cost savings

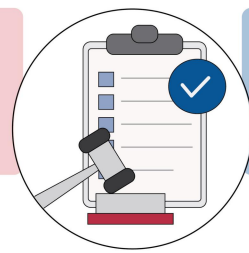
High start-up costs  
 Limited large scale cost-effectiveness evidence  
 Lack of transparency in the utilization of collected data



INSTITUTE

Care efficiency  
 Cost savings  
 Effective education and communication with patients  
 Training healthcare providers  
 Evidence-based clinical protocols and guidelines

Inadequate or fragmented legal frameworks  
 Lack of reimbursement schemes  
 Absence of reimbursement mechanisms



REGULATORY

Collaboration with regulatory agencies  
 Simplification of privacy/security issues  
 Adequate reimbursement  
 Clear regulatory frameworks

IT technology  
 SES/ health literacy  
 Costs  
 Limited evidence  
 Legal Frameworks  
 Reimbursement

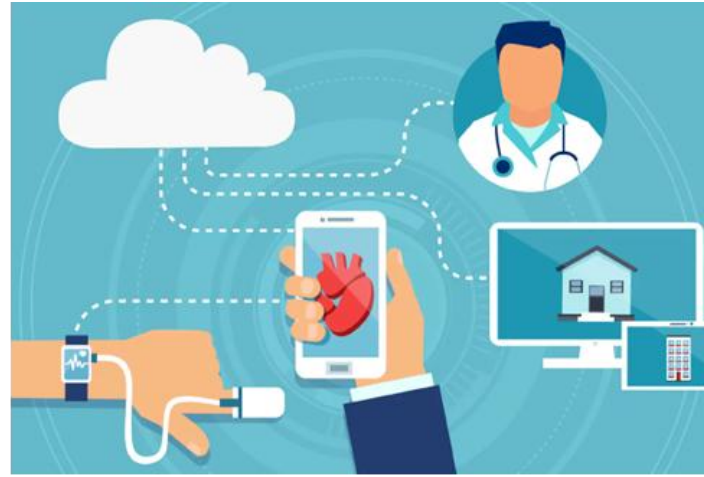
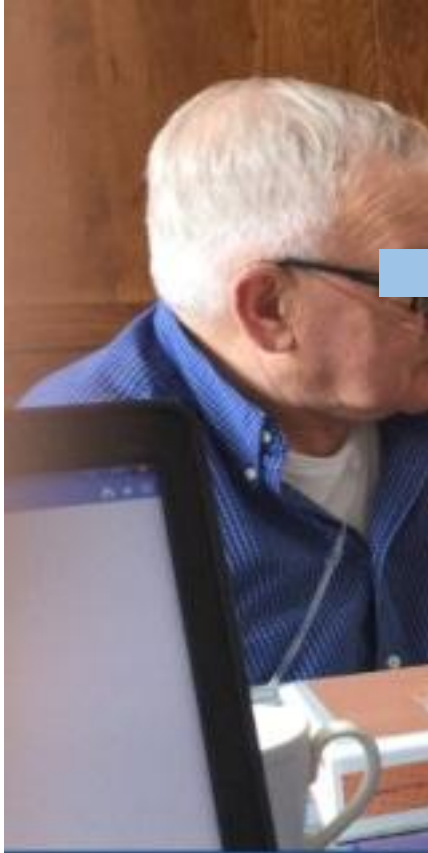
Acces to care  
 Enhanced self awareness and management  
 Travel  
 Reduction in hospitalizations  
 Efficient  
 Flexibel  
 Personalized  
 Patient frendly

# Take home messages and future perspectives

HMV is a complex expertise treatment

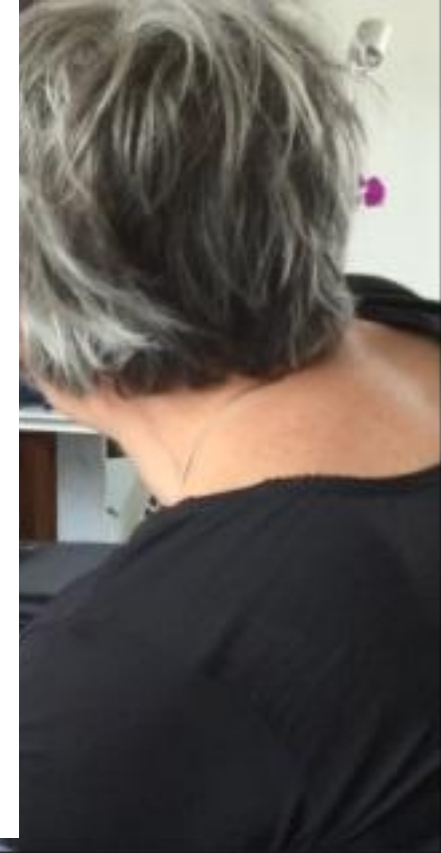
Diverse patient group with multiple needs

Initiation of HMV starts with proper intake and education



## Why use telemedicine

- Multiple options
- Because it makes live easier
- Telemedicine is not the goal but a manner



There is a clear need for research into parameters to be monitored, protocols and useful algorithms during follow-up, and investigating critical outcomes like HRQoL, long-term critical events, cost-effectiveness and budget and organisational impact

Research is needed to find out what is the optimal set-up for HMV initiation

Patients prefer the home situation, but probably the how is more important than the where

# To conclude

- Telemedicine contributes to our goals in times of increased prevalence and shift of resources: *Value-based high-quality healthcare which is affordable, sustainable, accessible and personal for everyone*
- TM increases patient (and family) empowerment and enables patient- and family-centred care. Patients prefer a mix.
- The benefits of telemedicine depend on its goal: it should not be used as fancy add-on but to replace or prevent hospital care.
- Research is needed investigating which telemonitored parameters predict relevant outcomes



# IMPORTANCE

The European Positive Airway Pressure & Home Ventilation Registry

October 2025

## Monthly Update

### Manufacturers & Homecare providers Survey

Reply & Share

<https://www.surveymonkey.com/r/Z6B3CGB>

Closing date: December 31<sup>st</sup>



### Patient Survey

6113 answers  
from 68  
countries

88 from Spain  
31 languages



Closing date: December 31<sup>st</sup>

Check our email for each country's numbers



<https://www.surveymonkey.com/r/IMPORTANCEHMV>

### Tips for engaging patients

- ✓ Contact Patient associations
- ✓ Print & Display flyer on waiting rooms
- ✓ Engage with homecare providers
- ✓ Print & Display QR code in the back of your laptop



Follow us on

# IMPORTANCE

The European Positive Airway Pressure & Home Ventilation Registry

# JOIN!

